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**Block Island Race:**  
*A Study in Contrasts*



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## Over Exposed?

In choosing this month's cover photograph, as usual, the *WindCheck* team had a lot of very good options. When presented with Kerstin's (Kerstin Fairbend, *WindCheck*'s Graphic Designer) first choice, part of me groaned. Again?! "Seriously, how many times has that boat been on the cover of *WindCheck*?" (*WindCheck* hat for the first one who provides the correct answer). "It seems like every month there is a fantastic photo of her submitted for a cover or a story!" Zep (Chris Szepessy, Editor of *WindCheck*) said in an almost begrudging way, "But she *is* beautiful...and what a shot!"

Kerstin and Zep are right. Photographer Rick Bannerot nailed it. The image is perfect, from the light to the horizon to the angle that captures her lovely sheer. And, of course, her owners, Pam Rorke Levy & Matt Brooks, and crew are sailing her beautifully, everyone going about their business, sails trimmed perfectly including the matching curls in the spinnakers. And she herself is throwing off a perfect hull speed wave, her spars and rigging looking like new, her topsides gleaming.

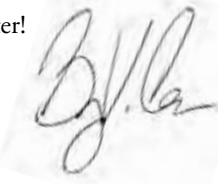
But still, I was not convinced. I was excited about the beauty and Kerstin's patriotic "July" treatment of the *WindCheck* banner looked great, but I really had reservations. "Shouldn't we be running the foiling G32 or that Volvo In-Port Race that Charlie Enright and Co. just won? And for the first time, after fifty runnings, the Newport Bermuda Race had a multihull start! Don't we have a shot of *Elvis* or *Arethusa* or *Tribe* (all local boats!... As we went to press, *Elvis* had just won the inaugural)? Or maybe the really great shot of the two happy junior girls deep in fun conversation in an Optimist on a no wind day, made even better by the lack of digital devices... one cover blurb could say, "Pure Fun, Without Distractions"!

With no absolute decision made, I showed my wife the cover of Proof 1 and asked what she thought. Now, she is not what you would call a yachting enthusiast. She does have an InterClub Dinghy National title to her credit but if I asked her to name which was a J/70 and which was a J/24 in a two-picture line up, odds are 50/50 that she could do it. She can easily recall all of the University of Michigan football coaches since Bo, but after re-meeting some famous sailor on the docks, she'll invariably ask, "Now, who was that again?" "Um...you remember Russell Coutts honey, you've met him before, he's won the...(sigh)...let's just say he's won a lot..."

So, back to her reaction when she saw the cover...  
"Wow! That's beautiful! Is that *Dorade*?"

Strangely, we both burst out laughing and I, truly stupefied, asked her how she knew. "It's the only boat I know" came the response that sealed the deal on our overexposed cover subject.

See you (and no doubt *Dorade*) on the water!



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Man in Motion, Rare Sales

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## 16 SailAhead Expanding its Mission

Using sailing and the ocean as a therapeutic platform to help U.S. Armed Forces veterans heal, SailAhead is enjoying significant growth from coast to coast. Sean Duclay, who co-founded this amazing non-profit organization with his brother Kilian (when they were both in high school!) checks in with an update.

## 36 Give a Sip!

A New York City councilman recently introduced a bill that would eliminate single-use plastic straws throughout the city. According to John Delaney, Assistant Director of Communications at the Wildlife Conservation Society, the movement is gaining traction.

## 40 Coop's Corner: Nurturing Sailors...One at a Time, if Necessary

While opportunities for junior sailors aboard big boats are getting better all the time, there's still much to be done, reckons our Contributing Editor, who shares this month's Corner with 11-year-old Colin Shearley, a very enthusiastic and remarkably mature young man who expresses concerns about the safety of his favorite sport.

## 43 The Block Island Race: A Study in Contrasts

The 73rd edition of the Storm Trysail Club's 186-nautical mile spring classic was one to remember. Ron Weiss, Chairman of the club's Communications and Sponsorship Committee, has the story, and ace photographer Rick Bannerot has the photos.

## 46 Eärendil Wins The Atlantic Cup

A single point separated the first and second place finishers in this year's running of the longest offshore race in the Western Atlantic. Event co-founder Julianna Barbieri reports on the most environmentally sustainable yacht race in the United States, and Billy Black provides the images.



*On the cover: Dorade, a 52-foot yawl designed by Olin Stephens and launched by the Minneford Yacht Yard in City Island, NY in 1930, is one of the loveliest boats on the water. Rick Bannerot shot this great photo of Dorade heading east in the Storm Trysail Club's 73rd Block Island Race, and she had just finished the 51st Newport Bermuda Race as this issue went to press.*

Photo courtesy of Rick Bannerot ©2018

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## Sheila McCurdy Receives Leadership in Women's Sailing Award

Sheila McCurdy of Middletown, RI was honored with the BoatUS/National Women's Sailing Association (NWSA) 2018 Leadership in Women's Sailing Award at the NWSA Women's Sailing Conference in Marblehead, MA last month. The award, recognizing an individual with a record of achievement in inspiring, educating, and enriching the lives of women through sailing, was presented by NWSA President Linda Newland. "Sheila McCurdy exemplifies a leader in the sailing world by serving as a mentor, teacher and role model for women entering the sport and also for those expanding their sailing skills," said Newland.



© Phil Sherman

McCurdy grew up in a sailing family in Cold Spring Harbor, NY and from a young age, sailing became part of her life. "It's just what I do," she said. She has sailed more than 100,000 miles offshore including a passage from the Galapagos to the Marquesas in 2014, the Transatlantic Race 2015, and 17 Newport Bermuda races – skippering to second in class and fourth overall

in 2016. In 2017, McCurdy cruised the west coast of Sweden and then sailed from Spain to the Azores. She skipper her own boat, *Selkie*, a 38-foot sloop designed by her father, Jim McCurdy. All of that experience gave her an understanding of how women approach sailing, and that information has helped shape programs with the female sailor in mind.

McCurdy is a trustee of Mystic Seaport Museum, serves on the board of Ida Lewis Yacht Club, and was the first female commodore of the Cruising Club of America, and served as a director of US Sailing where she ran the national faculty for 13 years. She was an advisor to the U.S. Naval Academy Sailing for 20 years. She maintains a position on the NWSA Advisory Council, writes and lectures on education and training, runs safety training courses and certifies instructors for US Sailing. She also holds a U.S. Coast Guard 100-ton master's license and a Masters degree in Marine Affairs from the University of Rhode Island. She has received several awards, including Rhode Island Boater of the Year 2011. She is married to David Brown. ■

*Scott Croft, VP of Public Affairs at BoatUS, contributed to this report.*

## Connecticut River One-Design Leukemia Cup Regatta is August 11

Essex Corinthian Yacht Club in Essex, CT, in cooperation with Pettipaug Yacht Club (also in Essex), is hosting the 2018 Connecticut River One-Design Leukemia Cup Regatta on Saturday, August 11.

"Following in the footsteps of past Leukemia Cup events on Long Island Sound, the new Connecticut River One-Design Leukemia Cup Regatta

is bringing together sailors and their friends from all over the lower Connecticut River and Eastern Connecticut shoreline," said Event Chair and ECYC Commodore Ruth Emblin. "This re-designed charity event was created to advance the Leukemia & Lymphoma Society's mission to cure leukemia, Hodgkins and non-Hodgkins lymphoma and myeloma, and improve the quality of life of patients and their families."

The regatta is open to any one-design fleet that has five or more registered boats, including Ideal 18s, Etchells, MC Scows, Lasers, JY15s, Club 420s, Sunfish and Force 5s. Boats that do not form a one-design class will race as a handicap class. The event is open to adult and junior sailors, and written permission from parents or guardians is required for skippers less than 18 years of age and must be received before the start of racing.

"The event will conclude with a post-race party at Essex Corinthian Yacht Club with awards, prizes, food, drinks and music, starting at 5:00 pm," Emblin continued. "The post-race party is open to the public, and sailors, powerboaters and non-boaters are all welcome to attend! Ticket purchase is required."

Since its inception, the Leukemia Cup Regatta series has raised over \$62 million for life-saving research and patient services, bringing help and hope to patients and their families. For more details, contact Emblin at [leukemicup2018@essexcorinthian.org](mailto:leukemicup2018@essexcorinthian.org) or ECYC Race Committee Chair Bill Robinson at [racechair@essexcorinthian.org](mailto:racechair@essexcorinthian.org). For more information on how to participate in the regatta, support it by raising funds or becoming a sponsor, or to purchase party tickets, visit [essexcorinthian.org/2018ctriverleukemicup.html](http://essexcorinthian.org/2018ctriverleukemicup.html) ■



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# checking in.

## Hinckley Yachts Stamford Grand Opening

Hinckley Yachts celebrated the grand opening of its seventh yacht service location in the U.S., at Harbor Landing in Stamford, CT, last month. Harbor Landing is a mixed-use waterfront development owned and operated by Stamford-based Building and Land Technology (BLT).

Wielding the shears are (l - r) BLT Chief Operating Officer Ted Ferrarone, BLT Chief Engineer Bill Buckley, Hinckley Yacht Services Stamford General Manager Peter Manion, Stamford Harbormaster Eric Knott, Hinckley Chief Operating Officer Mike Arieta, Hinckley Chief Marketing Officer Pete Saladino, and Stamford Mayor David Martin.

Located at 2 Selleck Street, Hinckley Stamford is a full-service boatyard capable of hauling boats up to 80 tons. The facility has indoor heated rack storage for 46 boats, 25 fully-equipped slips, a fuel dock and pumpout station and a state of the art paint booth, and offers marine carpentry, mechanical repairs, marine electrical and electronic installation and service, canvas and boat upholstery, rigging services, concierge services and pick up and delivery. For more information, log onto [hinckleyyachts.com/location/stamford-ct](http://hinckleyyachts.com/location/stamford-ct). ■



## Nate Williams Joins GMT Composites

In its first full year under new ownership, GMT Composites, Inc. in Bristol, RI has seen continued success in both marine and industrial segments. Jonathan Craig, who started at GMT as Director of Sales and Marketing in 2011 after more than a decade with Fiberspar, took over as President and owner 18 months ago. The company enjoyed strong sales through the year, and has made its first full time hire with Nate Williams as the

new Director of Sales and Marketing.

Williams, of Bristol, RI, has a strong background in the marine trade. He's been a US Sailing Level 3 Coach, Program Director for the East Bay Sailing Foundation, Production Manager for Kinder Industries, and most recently managed sales and marketing for Zim Sailing. Williams is also very active in big boat racing, and enjoys skiing where he earned the Rocky



**GMT Composites President and owner Jonathan Craig (left) and Nate Williams, Director of Sales and Marketing**

© [gmtcomposites.com](http://gmtcomposites.com)

Mountain PSIA Alpine Level 2 certification status.

Former GMT President/owner David Schwartz, while stepping back from the day-to-day operations to enjoy more sailing time, remains with the company through the transition, providing ongoing design and engineering services as he had done while at the helm of GMT since 1990. "We are thrilled to add Nate to the team," said Craig. "He shares our very customer-centric view in providing high levels of service and value, while seeking sustainable growth in both our marine and non-marine segments. We are also very fortunate in being able to draw on David's wealth of experience in composites engineering as we navigate forward in both existing and new markets."

GMT Composites has designed and built custom carbon composites since 1984. Originally focusing on the marine industry, GMT developed a name for themselves building the highest quality masts, boom, rudders, boarding systems, and more. Today, GMT continues to build marine products while expanding into industrial applications including robotics, defense, medical components, aerospace, and more. For more information, visit [gmtcomposites.com](http://gmtcomposites.com). ■

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# checking in.

## Flash Report: 'Ratz Rule in Newport Bermuda Race!

At press time, the MudRatz Offshore Team was the provisional Class 5 winner in the St. David's Lighthouse Division of the 51st Newport Bermuda Race. Competing in the Stephens Brothers Youth Division on their Swan 48 *Dreamcatcher* (donated by

previous owner Stephan Kylander), the Stonington, CT-based youth team made a remarkable offshore debut, completing the 635-nautical mile course with a corrected time of 78 hours, 2 minutes and 59 seconds, topping a 14-boat fleet including such legendary Bermuda Race contenders as *Dorade* and *Lora Ann*.

*Dreamcatcher's* result was still open at 2100 the evening before they finished. With a freshening southwesterly and *Dreamcatcher* 16 miles to windward of *Dorade*, the 'Ratz started pulling away from her and *Froya*, astern of *Dorade*. *Froya*, a McCurdy & Rhodes design of similar vintage to *Dreamcatcher*, was leading on corrected time with the 'Ratz in second. Pushing on through the night, the young'ns finished at 0403, besting *Froya* by 47 minutes elapsed but only 10 minutes on handicap.

In addition to contributions from over 100 individual supporters, MudRatz' victory was supported by B&G, Brewer Yacht Yards & Marinas, Custom Marine Canvas, Eastern Connecticut Sailing Association, Expedition Navigation & Sailing Software, Harken, Lewmar,

Markel Corporation, McMichael Yacht Brokers, Musto, Mystic River Mudhead Sailing Association, Mystic Shipyard, New England Science & Sailing, Niantic Bay Yacht Club, Onyx Outdoor Gear, Pettit Marine Paint, Prudent Publishing, Quantum Sails Newport, Samson Rope, Spicer's Marina, Vesper Marine-AIS Watchmate, Wadawanuck Club, and the organizers of the Newport Bermuda Race. You'll find more at MudRatz.com. ■

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## Huntington Lighthouse MusicFest is September 1

The Huntington Lighthouse Preservation Society has announced that Lighthouse Music Festival will be held in Huntington Bay, NY on Saturday, September 1. This unique fundraising event, the only music festival in the world held on top of a working lighthouse in the middle of the water, supports the non-profit organization's mission to restore and preserve the historic lighthouse.

The festival is held annually on Labor Day weekend, and attendance has grown to over 1,000 boats with more than 10,000 attendees from New York, Connecticut, Rhode Island and New Jersey arriving in watercraft of all kinds. Bands will perform on the roof of the lighthouse from 11 am until dusk.

The Huntington Lighthouse Preservation Society, Inc. was formed in 1985 by concerned citizens to prevent the demolition of the Lloyd Harbor Light Station and its replacement with an automated light tower by the U.S. Coast Guard. The objectives of the organization are to restore, preserve and maintain the historic lighthouse, listed on the National Historic Register as the Huntington Harbor Lighthouse. The organization is dedicated to ongoing preservation of the interior and exterior, and preserving it for public use as an educational and historic resource while maintaining its use as an active Aid to Navigation.



© Dan Woulfin

"This year, more than ever, we need sponsors," said Pamela Setchell, President of the Huntington Lighthouse Preservation Society. For sponsorship opportunities, contact Setchell at [pam@huntinglighthouse.org](mailto:pam@huntinglighthouse.org). The rain date is Sunday, September 2. For more information including a list of band performing this year, log onto [huntingtonlighthouse.org](http://huntingtonlighthouse.org). ■

## In-Command Seamanship Training is a US Powerboating Training Center

In-Command Seamanship Training, located at Wickford Boat Rentals in Wickford, RI, has been certified as a US Powerboating Training Center, one of only 34 in the continental United States. In-Command Seamanship Training Center supports the mission of US Powerboating by providing recreational boaters of all skill levels with access to hands-on, on-the-water training and educational courses.



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Among the certifications available at In-Command Seamanship Training Center are the US Sailing/US Powerboating Safe Powerboat Handling Certificate (NASBLA Approved) and the Rhode Island State Boating License, required for anyone born after January 1, 1986. In-Command also offers Youth Start Powerboating Right classes in coordination with local schools and the Rhode Island Marine Trade Association (RIMTA) with their goal of creating employment opportunities for youth in the marine industry.

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## BLOCK ISLAND RACE EXCELLENCE

Boats powered by UK Sailmakers had great results in the 2018 Block Island Race winning five of the 13 classes with three other podium finishers.

Andrew Berdon's Marten 49 SUMMER STORM (seen above) won IRC 6 and was second overall in IRC. Her 4A and 3A spinnakers were the only headsails used until making the turn at the north end of Block. Rick Oricchio's J/120 ROCKET SCIENCE won PRHF 5 and second overall. Her new UK Sailmakers jumbo asym was the key to her speed on the long, windy run to Block Island.

Emmett Dickheiser aboard the J/44 KENAI said, "We relied on our UK Titanium® offshore main, a UK spinnaker staysail, and our new X-Drive® UK light #1 with LiteSkin® powered as the breeze lightened."

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# SailAhead Expanding its Mission

By Sean Duclay

*Editor's note: Co-founded by brothers Kilian and Sean Duclay of Huntington Station, NY, SailAhead is a non-profit organization that uses sailing and the ocean as a therapeutic platform to help heal U.S. Armed Forces veterans suffering from PTSD. Kilian and Sean were in high school when they launched SailAhead in 2013, and WindCheck is proud to chronicle the amazing work this growing organization is doing. You'll find archived articles by typing "SailAhead" in the search bar at [windcheckmagazine.com](http://windcheckmagazine.com).*



**SailAhead raced a Dragonfly 800 in the Fifth Annual Gotham Multihull Series.**

© Laurent Apollon Images



**The inaugural SailAhead Army Week event, hosted by Sagamore Yacht Club in Oyster Bay, NY last month, was a rousing success.** © David Windmillier

SailAhead kicked off our 2018 sailing season with the Fifth Annual Gotham Multihull Series in New York City on June 2 & 3.

This regatta is open to all multihulls with a New England Multihull Association rating, and Laurent Apollon, co-founder of the event and a member of the SailAhead Race Team, generously offered his Dragonfly 800 SW *Windsinger* (renamed *SailAhead Tri* for the race) to us!

The team (my older brother Kilian Duclay, sisters Jennifer and Maya Duclay, our friend Nicole Grennan and I) and our "Mates" (see below) trekked into New York Harbor bright and early Saturday morning. The sun was shining, the wind was blowing (in most places), and everyone was smiling. After a little practice in the hectic harbor, the horn blew and we were off. We were solidly in second place for the first stretch. Then, after a patch of poor wind, we teetered off into third. As we approached the long anticipated first mark, an ominous storm rolled in, with gusty winds, and we were forced to miss the leeward mark. With

adrenaline running high from our attempt to fetch the first mark, we were filled with vigor and life! We sailed back in the direction from which we came, heads still high, sandwiches gone by this point, and almost made it to the Verrazano Bridge when the wind abruptly— you can guess this one — died! That was the end of the race for us, but we nonetheless had a great time.

Earlier this year, SailAhead was invited by the United War Veterans Council (UWVC) to the New York Stock Exchange. UWVC is a confederation of veteran service organizations comprising groups and entities with a wide range of duties and impacts throughout the Tri-State area. The meeting was held with the purpose of identifying sympathetic organizations with a common goal, to help the veterans community, and determine ways in which partnerships could be formed that would lead to creating maximum positive impacts for veterans. SailAhead joined the council officially, and Kilian was appointed as an advisor to the council. The Yaphank Homeless Shelter is one of several other organizations in the council that SailAhead is proud to have as a Partner.

With a new partnership on the West Coast, SailAhead hosted its very first "Let's Take a Veteran Sailing in Tacoma" event at Tacoma Yacht Club in Tacoma, WA last July. That event honored the memory of SPC Ryan James Day, a U.S. Army soldier with the 75th Ranger Regiment, 2nd Battalion. After serving two tours of duty in Afghanistan, Ryan took his own life at age 21. The Co-Directors of that event are Nancy Williams, who is originally from Nebraska, and Bill Foulk, a Former 10th Special Forces Group (A), 6th Air Calvary, USAREC, 2/75th Ranger BN who hails from Rhode Island. Thanks to the efforts of Nancy and Bill, legions of volunteers at Tacoma YC and the overwhelming support of local skippers, Let's Take a Veteran Sailing in Tacoma was a success and is



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now an annual event. We are currently working on launching a SailAhead Sailing Team in Tacoma to compete in local races all year long, with veterans sailing on the temperate Puget Sound and flying our iconic “219” flag.

SailAhead’s “Mates” are the nametags of 219 veterans and active duty members who have taken their own lives, mostly because of PTSD or depression. Two months ago, the “Mates” sailed on Angela & John DiMatteo’s Farr 50 Pilothouse *Madrigal* from the Galapagos Islands to the Marquesas, a journey of over 5,000 kilometers! Angela & John agreed to take SailAhead’s Mates on board for their Pacific crossing to spread awareness and honor our Mates among the famed tortoises of the Galapagos. Angela & John are members of Centerport Yacht Club, the host of SailAhead’s largest yearly event, Let’s Take a Veteran Sailing! The fourth annual event is scheduled for Sunday, July 29, and we’re expecting 50 boats, with their skippers bringing over 100 veterans and family members out on Long Island Sound.

Preceding that event is the first annual SailAhead Let’s Take a Veteran Sailing! event at Babylon Yacht Club in Babylon, NY on Sunday, July 22. Participants include boat owners from several different states, yacht clubs, marinas, the Yaphank Homeless Shelter, the VA, the Greenlawn American Legion Post 1244, and many more. Thanks to the generosity of our friend and Partner David Windmiller, his helicopter flies low enough to our fleet to capture great sailing moments.

Sunday, August 19 is the date of the Third Annual SailAhead Great South Bay Exploration Day, an event organized in partnership with the South Bay Cruising Club and hosted by The Snapper Inn in Oakdale, NY. SailAhead is honoring our Mates as we did last year, and we’re fundraising to cover travel expenses of their surviving family members. It’s a reminder that their loved ones are not forgotten, nor will they be unrepresented.

SailAhead is sailing at least once a week aboard *Stargazer*, a Hunter 38 donated by the USMMA Sailing Foundation in Kings Point, NY through the generosity of foundation President and SailAhead Advisor Ralf Steitz. There is something about the fundamental energy of a sail, particularly in unfavorable weather, which necessitates that everyone on board get involved in some way. This is what’s so remarkable about sailing, and what makes it such a formative and healing platform. Sailing has the capacity to be fun for all in almost all circumstances, as long as you can muster a smile.

These weekly outings are set up in order to continue the experience of sailing beyond the big events. It’s what turns “a great day on the water” into an ongoing therapeutic experience. While the big events are important in spreading the word of SailAhead, PTSD, depression and veteran suicide awareness, they do not



*Everyone enjoyed the Army Week raft-up!* © SailAhead.org



*The crew of Madrigal, (l - r) John DiMatteo, Angela DiMatteo, Tim Ebert and Katherine Crean, display SailAhead’s “219” flag in Panama.* © SailAhead.org

properly address the therapy part of the sail. One outing is not likely to have a significant therapeutic impact, whereas weekly outings provide continual treatment that really makes a difference.

SailAhead is able to fulfill its mission through the support of our dedicated Partners, tireless volunteers, and generous donors. We are a tax-exempt non-profit organization, and we’re always in need of funds to maintain our fleet and equipment. Also on our wish list are Defibtech Lifeline AED defibrillators (ideally, we need two). Spreading the word is an equally valuable contribution to SailAhead, as it further advances our impact among veterans’ communities. To learn more about how you can get involved, please visit [SailAhead.org](http://SailAhead.org) and [facebook.com/SailAhead](https://facebook.com/SailAhead). ■



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# The Women's Sailing Conference: Another Success!

By Joan Thayer

More than 100 women sailors, from amateur day sailors to experienced offshore cruisers, arrived at the Corinthian Yacht Club in Marblehead, MA on Saturday, June 2 to share their expertise and learn new skills at the 17th NWSA (National Women's Sailing Association) Women's Sailing Conference. Participants, who came from 12 states, chose from 20 different classroom and on-water workshops.

We had two Sonars loaned by the Corinthian Yacht Club and a Colgate 26 provided by Black Rock Sailing School, one of two Platinum Sponsors of the Conference. BoatUS is the other Platinum Sponsor. The winds were up and down and gave us cause as to whether we would need to send out the CYC launch to retrieve the sailors as the wind died down. However, the boats carry paddles and the women put them to good use. No one wanted to be late for lunch or miss that last minute push at the silent auction table! Our reefing session was held on a Sabre 42. The Dinghy Captain workshop was a very strong favorite, and we had three inflatable dinghies at our disposal. We introduced Dinghy Captain last year, and this year it had a waiting list. When you are cruising, you need to get from a mooring to shore. More independence!



**The Flares and Fire Extinguishers Demo was a popular workshop.** © Pam Foley

flares on the beach and learning to splice a line. For the more advanced sailors, there were Marine Electrical Wiring and Advanced Docking workshops.

Our keynote speaker, Sheila McCurdy, was also awarded the BoatUS/NWSA Leadership in Women's Sailing Award. Sheila has a tremendous amount of sailing experience at all levels and she is also very involved with promoting sailing for all as well as promoting opportunities for women. Sheila spent the entire day

On land, the workshops ran the gamut from Sailing 101 and How to Toss a Line to Plotting Your Course and How to Prepare for Off-shore and Extended Cruising, as well as lighting off



**Rigging a Sonar for the Take the Helm workshop** © Pam Foley

at the conference. Her presentation was "Sailing is a Metaphor for Everything."

We had over 40 raffle items that we gave out in the morning welcome and at the end of the evening. We also had 23 silent auction items, many hotly contested. All proceeds from the raffle ticket sales and silent auction benefit the Women's Sailing Foundation's AdventureSail program for underserved girls and educational workshops for adult women. The buzz of excitement continued throughout the day. And now it is over and we all go back to our respective locations armed with renewed confidence, skills and new sailing connections. The 18th NWSA Women's Sailing Conference will be hosted by Corinthian YC on June 1, 2019. To learn more, please visit [womensailing.org](http://womensailing.org). ■

*Joan Thayer organized and co-chaired the first Women's Sailing Conference in 2001.*



# Antigua & Barbuda Hamptons Challenge is August 18

By Rob Roden

The largest amateur sailing prize in the Northeast is up for grabs at the 2018 Antigua & Barbuda Hamptons Challenge, organized by the Peconic Bay Sailing Association (PBSA) and scheduled for Saturday, August 18. The winning skipper and crew will receive an all-expenses paid trip to compete in Antigua Sailing Week 2019.

The prize includes round-trip airfare, lodging, a charter boat, and registration fees for a captain and crew of five to participate in the greatest celebration of sailing in the Caribbean. Antigua Sailing Week attracts well over 100 yachts from around the world and puts Antiguan culture on display at the parties and events that don't stop until all prizes have been given out and the flag is lowered in historic Nelson's Dockyard. Antigua Sailing Week 2019 will be held April 27 - May 3, 2019 out of English Harbor. For more details, log onto [sailingweek.com](http://sailingweek.com). Antigua is the biggest and sunniest of the Leeward Islands that separate the Atlantic Ocean and Caribbean Sea, a place of consistent climate and deep multicultural history. It's also a place of world-class shopping, natural beauty, and a Sunday afternoon party that has been hopping consistently for three decades. And, as the yachting capital of the Caribbean, Antigua has a vibrant and exciting marine and yachting event calendar that includes the biggest charter yacht show in the world, sport fishing tournaments, dinghy racing and world famous yacht regattas.

*The crew of the winning boat in the Antigua & Barbuda Hamptons Challenge will receive an all-expenses paid trip to compete in Antigua Sailing Week 2019! © sailingweek.com*



The PBSA is a sailing club located in Cutchogue on the North Fork of Long Island. Under current Commodore Greg Cukor and Race Committee Chair Peter Carroll, nearly 200 PBSA members spend their season running the association's "Summer Series" weekend races in Cutchogue Harbor. On September 29, the club is hosting the 25th annual Whitebread Race, a challenging circumnavigation of Shelter Island. To learn more, visit [pbsa.us](http://pbsa.us).

The Antigua & Barbuda Hamptons Challenge is sponsored by the Antigua Barbuda Ministry of Tourism, American University of Antigua Medical School, and the St. James Club. At the Awards Party, wine is provided by Lenz Winery in Peconic, NY, and beer by Montauk Brewing Company in Montauk, NY. The Antigua & Barbuda Hamptons Challenge is a handicapped race using ratings provided by Performance Handicap Racing Fleet (PHRF) of Eastern Long Island. *The Captains Guide*, as agent for the Antigua & Barbuda Tourism Board, will provide the awards, including a perpetual cup to be engraved with the winning boat's name, etched glass trophies for each division, and more.

Prizes will be awarded at the Caribbean Cocktail Awards Party at Haven's Beach, which will also be open to the public. Tickets are \$50 in advance (\$55 at the door), and \$40 for crewmembers. There will be an auction with amazing Chinese prizes, and all proceeds will benefit i-tri ([itrigirls.org](http://itrigirls.org)), an East Hampton, NY-based non-profit organization that empowers adolescent girls through the sport of triathlon. Race registration and tickets for the party are available at [antiguabarbudahamptonschallenge.com](http://antiguabarbudahamptonschallenge.com). ■

*Rob Roden is the Publisher of The Captain's Guide ([captainsguidemagazines.com](http://captainsguidemagazines.com)), a "What to do, where to do it-guide for boaters."*



***The Caribbean Cocktail Awards Party at Haven's Beach will feature live music by an Antiguan steel drum band.***

© [antiguabarbudahamptonschallenge.com](http://antiguabarbudahamptonschallenge.com)

The Antigua & Barbuda Hamptons Challenge will take place in and around Noyack Bay off historic Sag Harbor, NY, with shore-side festivities, including an all-out Antiguan-style Awards Party, under a tent at Haven's Beach. An Antiguan steel drum band will even bring the sounds of the Caribbean to the Hamptons for this growing summer tradition.

# Big Summer Plans for Shoreline Sailing Club!

Who knew back in 1981 when two single women decided to start the Shoreline Sailing Club (SSC), that it would continue to flourish and be responsible for many marriages, lifelong friendships and a social life that's unstoppable, 37 years later?

With more than 40 terrific skippers with sail- and powerboats from 25 to 42 feet, the club is gearing up with our summer sailing and boating calendar. Sails to many locations around Long Island Sound, Block Island, Sag Harbor, a weeklong cruise, and many other activities are planned. In addition to a full sailing calendar, there are land-based parties for the 170-plus members called "Docksides" where a member hosts a party at their home or other venue. During the winter there are movie nights, music and stage performances, Halloween and holiday events that keep members busy all winter long.

Consistent thoughts about the club include, "My life started after joining SSC"... "The club has changed my life. I have met wonderful people and made dear friends."... "The club was there for me in my time of need, and I have made lifelong friends."... "It's my new family, and they love the water!"

With the limited sailing season in Connecticut, some SSC



*"One of the greatest perks of the Shoreline Sailing Club is the bond that is formed between our members," says Commodore Betty Kovel, pictured here enjoying a day on Long Island Sound.*

© ShorelineSailingClub.com

members frequently sail the Caribbean, Europe and Cuba during the winter months. There's a camaraderie that happens when you're sailing together, that members continue to make plans all winter long to explore the world whether by boat or land.

If you're a boat owner who needs crew during the summer, SSC is a fantastic way to meet experienced crew who (by the way) are eager to help get your vessel ready for the season! If you're without a boat but love to sail or have always wanted to learn, there are many opportunities to meet the skippers and get out on the water.

The club bylaws still mandate that one be at least 35, and single, when they join the club, however if you meet someone and marry while in the club, you are welcome to stay on as auxiliary members. The club meets every first and third Thursday at the Westbrook Elks Club in Westbrook, CT at 7:30pm. For more information, log onto [ShorelineSailingClub.com](http://ShorelineSailingClub.com). ■

*Captain Joy Sherman is an enthusiastic member of the Shoreline Sailing Club.*

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# Calendar 2018

## JULY

**4 Independence Day** Hey baby, it's the Fourth of July!

**4 Firecracker Race** Norwalk Yacht Club, Norwalk, CT; norwalkyachtclub.com

**4 Bristol 4th of July** Bristol's Independence Day Celebration, established in 1785, is the oldest continuous event of its kind in America. Bristol, RI; july4thbristolri.com

**4 Independence Day Celebration** Celebrate America's birthday circa 1876 with boat races on the Mystic River, military exercises with the "boys in blue," an old-fashioned spelling bee for children, parade, a concert on the Village Green by the Mystic Silver Cornet Band, and more. 9am - 5pm; Mystic Seaport, Mystic, CT; 860-572-5322; mysticseaport.org

**5 JSA Eastern Districts** This Junior Sailing Association of Long Island Sound regatta will be sailed in Pixels and Laser Radials. Norwalk Yacht Club, Norwalk, CT; norwalkyachtclub.com

**5 Shoreline Sailing Club meeting** This non-profit club for active singles who like to sail, socialize, dance, fish, kayak and more meets on the first & third Thursdays of each month at 7:30pm. New members are welcome, and experience is not necessary. Westbrook Elks Lodge, Westbrook, CT; shorelinesailingclub.com

**7 Sprite Island Yacht Club Catboat Rendezvous** Sprite Island Yacht Club, Nor-

walk, CT; Betsy Varian: 203-938-4149; bwvarian@mac.com; catboats.org

**7 54th Annual Friends & Neighbors Race** This event is open to monohulls 22 feet LOA and over. Noroton Yacht Club, Darien, CT; norotonyc.org

**7 Queen's Cup** The Long Island Sound Women's Championship will be sailed in Ideal 18s. American Yacht Club, Rye, NY; americanyc.org; yralis.org

**7 JSA Girls Champs** This Junior Sailing Association of Long Island Sound event is hosted by American Yacht Club and sailed in Laser Radials. Rye, NY; americanyc.org; jsalis.org

**7 Terrell E. Cobb Memorial Cuttyhunk Race** Honoring the first Commodore of the Twenty Hundred Club, this event is open to all yachts with a current PHRF-NB rating. twentyhundredclub.org

**7 21st Annual IYRS Summer Gala** This fundraising event for the IYRS School of Technology & Trades features entertainment by KC and The Sunshine Band. 5 - 11pm; Newport, RI; iyrs gala.com

**7 About Boating Safety course** Successful completion of this 8-hour class, presented by USCG Auxiliary Flotilla 24-3, satisfies the Connecticut licensing requirements for both boats and Personal Watercraft (PWC). Family participation is encouraged. \*Please Note: All students will need to get a State of CT Conservation ID number before taking the class: visit [ct.wildlifelicense.com/inter-netsales](http://ct.wildlifelicense.com/inter-netsales). 8am; \$60; Flotilla 24-3 Training Center, Milford, CT; 860-663-5505; USCGAUX243@

gmail.com  
<http://a0142403.uscgaux.info>

**7 & 8 Expressly for Fun Regatta** This family-oriented pursuit race is hosted by Huguenot Yacht Club. New Rochelle, NY; huguenotyc.com

**7 & 8 Wickford Catboat Rendezvous** Pleasant Street Wharf, North Kingstown, RI; Peter M. Galster: 401-269-1012; pmgalster@gmail.com; catboats.org

**7 & 8 34th Newport Regatta®** With a motto of "More Racing, Less Waiting, Cold Beer," this event is open to 2.4mRs, 505s, A-Class Cats, Ensigns, Etchells, F-18s, I10s, 210s, 29ers, J/24s, J/70s, Lasers, Stars, M32 Catamarans, Melges 20s, Melges 32s, RS Aeros, Viper 640s, C&C 30s, VX Ones and Classics. Sail Newport, Newport, RI; sailnewport.org

**7 & 8 72nd Annual Red Grant Regatta** Honoring an avid racer who died in World War II, this fundraiser for Easter Seals of New Jersey serves as the J/105 East Coast Championships. Raritan Yacht Club, Perth Amboy, NJ; YachtScoring.com

**7 & 8 Safety and Rescue Boat & Race Support Boat Handling Course** Pettipaug Sailing Academy, Essex, CT; John Kennedy: 860-526-2232; Kdesign@snet.net; Pettipaug.com

**7 & 8 Singles Under Sail Sail/Drive Event** This event kicks off with the New Rochelle-Echo Bay Yacht Club dinner/dance on Saturday. For more information, log onto [singlesundersail.org](http://singlesundersail.org).

**7 - 13 12 Metre World Championship** This regatta is hosted and organized by Ida Lewis Yacht Club. Newport, RI; Peter Gerard: 214-244-4955; pgerard53@gmail.com; 12mrclass.com/way-points

**8 4th Annual Stand Up for Veterans** Proceeds from this SUP & kayak event benefit Help Our Military Heroes & Paws for Purple Hearts. Activities include competitive & recreational races, clinics with SUP Celebs Jim Terrell, 4-time Olympian and owner of Quickblade paddles, and Jeramie Vaine, Surftex sales rep and top SUP yoga instructor, food, drink & music. Adults, kids & dogs are welcome, and veterans & first responders paddle free. Downunder, Westport, CT; register at [paddleguru.com](http://paddleguru.com); downunderct.com

**8 4th Annual Barnegat Bay Catboat Rendezvous** Beaton and Sons Boatyard, Brick, NJ; Henry Colie: 201-401-0292; catboats.org

**9 Junior Safety-at-Sea Seminar** Presented by the Storm Trysail Foundation and sponsored by the Jamie Boeckel Fund for Safety at Sea and *Sailing World*, this hands-on workshop includes presentations covering safety procedures, particularly man overboard recovery and big-boat organization & crew work, in-the-water demonstration of inflatable PFDs and the inflation of a six-man canopied life raft, and sail handling & man overboard drills, both upwind with jibs and downwind with spinnakers. Annapolis Yacht Club, Annapolis, MD; Ross Dierdorff: [ross.dierdorff@gmail.com](mailto:ross.dierdorff@gmail.com); [stormtrysailfoundation.org/safety-at-sea-seminars](http://stormtrysailfoundation.org/safety-at-sea-seminars)

**11 Thames Yacht Club Regatta** This Wednesday night event for PHRF, one-design & dinghy sailors raises funds and awareness for Hospice South-eastern Connecticut. Thames Yacht Club, New London, CT; [hospicesect.org/events/what/thames-yacht-club-regatta-2018](http://hospicesect.org/events/what/thames-yacht-club-regatta-2018)

**11 Stonington Dinghy Club Regatta** This event for one-design & dinghy sailors raises funds and awareness for Hos-

pice Southeastern Connecticut. Stonington, CT; hospicesect.org/fundraise/regatta-fundraising

# **11 USA Junior Olympic Festival – Larry White Regatta**

Organized in conjunction with US Sailing, this event is open to Optimist, 420 & Laser sailors. Niantic Bay Yacht Club, Niantic, CT; nbyc.org; ussailing.org

**12  
5th Annual Brigantine  
Junior Leukemia Cup Re-  
gatta** This event supports the Leukemia & Lymphoma Society's mission to cure blood cancers. Brigantine Yacht Club, Brigantine, NJ; leukemicup.org

**12 & 13  
4th Annual Dinghy Race  
by Volvo Construction  
Equipment** Organized by MudRatz and formerly known as the Secor Volvo Race, this one-of-a-kind event is modeled after the Volvo Ocean Race, and participants ages 12 to 18

sail 420s on a 20-mile course around Fishers Island Sound in an experience normally reserved for older, world-class skippers. thedinghyrace.com



© Clay Burkhalter/burkhalterphotos.com

**12 - 15  
Vineyard Cup Regatta** Organized by Sail Martha's Vineyard and hosted by Martha's Vineyard Shipyard, this multi-class regatta has divisions for PHRF, IRC, Classic, Catboat and Foiling Kiteboards, and benefits the public sailing programs at Sail MV.Vineyard Haven, MA; vineyardcup.com

**12 - 15  
12th Annual Great South  
Bay Music Festival** With approximately 60 performers on four stages, this is the longest running and largest four-day, "American Themed" music, art & cultural family event on Long Island. This year's lineup includes Little Feat, Electric Hot Tuna, The Dickey Betts Band, Umphrey's McGee, and many more. Shorefront Park, Patchogue, NY; greatsouthbaymusicfestival.com

**13 and every second  
Friday  
PVD Shanty Sing** Sharks Come Cruisin, known for energetic arrangements of traditional sea shanties, just released their second full-length record, *When I Get Home from Across the Sea*. The first set in Providence's premier all ages shanty sing (until 7:30) is family-friendly... the second set we'll be swearing like sailors. Bring the kids, sing some sea songs, and kick it Euro pub-style. 6 - 9pm; The Parlour, Providence, RI; theparlourri.com; sharkscomecruisin.com



© sharkscomecruisin.com

**13 & 14  
Mudhead Benefit Cup for  
the Center for Hospice  
Care** Hosted by the Mystic River Mudhead Sailing Association and open to all PHRF and one-design classes, this "Go-to



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regatta" on the ECSA circuit kicks off with the 9th Annual Racer's Jam at Mystic Shipyard at 6pm Friday, 7/13, with a goal of 100 guitars on stage! Racing is Saturday, followed by the Mega-Party at Mystic Shipyard. Mystic, CT; mudhead.org

### 13 - 15

#### **Ocean City Yacht Club Leukemia Cup Regatta**

This event supports the Leukemia & Lymphoma Society's mission to cure blood cancers. Ocean City, NJ; leukemiacup.org

### 13 - 15

**Sailfest** This 3-day festival includes live entertainment on three stages, tours of the U.S. Coast Guard Barque *Eagle*, arts & crafts, free kids' activities, fireworks and more. New London, CT; sailfest.org

### 14

**48th Annual World's Longest Sunfish Race Around Shelter Island, NY, 31st Annual Catamaran Race Around Shelter Island, NY, 8th Annual Laser Race Around Shelter Island, NY and 3rd Annual C420 Race Around Shelter Island, NY** This unique and challenging event is open to sailors of all ages. Southold Yacht Club, Southold, NY; Beth Fleisher: BMFbethfleisher@gmail.com; 646-732-1066; regattanetwork.com/event/14876#\_home; southoldyachtclub.com

### 14

**57th Annual Branford Invitational Regatta** All Spinnaker and Cruising Class boats 20 feet LOA and up with a valid 2018 PHRF/ECSA certificate are welcome in this ECSA points event. Branford Yacht Club, Branford, CT; branfordyc.org

### 14

**46th Annual Edward S. Dole Memorial Stratford Shoal Race** Hosted by Lloyd Harbor Yacht Club and honoring the memory of a very enthusiastic sailor who co-founded the Yacht Racing Association of Long Island Sound, this race supports the Make-A-Wish Foundation

Suffolk County Chapter's mission of granting the wishes of children with life-threatening medical conditions. Huntington, NY; lhyc.org

### 14

**10th Annual EGYC Regatta** Celebrating 109 years of sailing at East Greenwich YC, this pursuit-style race has classes for Spinnaker, Non-Spinnaker, J/22 One-Design, and Family: leave the bow anchor and stern grill on! A deck party follows, with music, food, beverages & awards. East Greenwich Yacht Club, East Greenwich, RI; egycregatta.com

### 14

**Parker Converse Tower Race** Open to all single-hull sailboats with a current, valid PHRF certificate, this event is a qualifier for the Buzzards Bay Trophy. Beverly Yacht Club, Marion, MA; Jon Pope: jedpope@me.com; beverlyyachtclub.org

### 14

**Yellow Rock Race** This event is for boats skippered by women. Norwalk Yacht Club, Norwalk, CT; norwalkyachtclub.com

### 14

**PYC Opti Rumble** This Optimist regatta is hosted by Pequot Yacht Club. Southport, CT; pequotyc.com

### 14

**Ben Bates Shorthanded Regatta** Harlem Yacht Club, City Island, NY; hyc.org

### 14

**Vintage Treasures Antique & Classic Boat Show** Presented by the Southern New England Chapter of The Antique and Classic Boat Society, this event showcases boats built by Chris Craft, Century, Lyman, Gar Wood, Elco and many more. 9am - 4:30pm; free; Connecticut River Museum, Essex, CT; acbs.org

### 14 - 22

**120th Annual Larchmont Race Week** With the exception of two years during

World War II, this regatta has run continuously since 1896. In addition to racing for IRC & PHRF boats, Classics, J/70s, J/80s, J/105s, Etchells, IODs, Shields, S-Boats, Ideal 18s, Viper 640s, K6s, 505s (& other one-designs with sufficient entries), this event is renowned for welcoming shore-side activities and camaraderie. Larchmont Yacht Club, Larchmont, NY; larchmontyc.org

### 15

**Pine Orchard Invitational** This ECSA points event is hosted by Pine Orchard Yacht & Country Club. Branford, CT; poeycc.org

### 16 - 21

**New York Yacht Club Race Week at Newport Presented by Rolex** This regatta is open to IRC, ORC, PHRF, One-Design, Multihull, Classic & 12 Metre yachts. NYYC's Harbour Court, Newport, RI; 401-845-9633; sailingoffice@nyyc.org; nyyc.org



© ROLEX/Daniel Forster

### 16 - 19

**92nd Larchmont Junior Race Week** This Junior Sailing Association of Long Island Sound event is open to Laser, Radial, C420, Pixel & Feva sailors. Larchmont Yacht Club, Larchmont, NY; larchmontyc.org; jsalis.org

### 17 - 22

**U.S. Junior Women's Singlehanded Championship** Sailed in Laser Radials, this regatta for the Nancy Leiter Clagett Memorial Trophy is a very special event designed to encourage young women throughout the country to compete in a high level national championship, while emphasizing

sportsmanship, camaraderie and learning through professional US Sailing coaches. Stamford Yacht Club, Stamford, CT; Meg Dempsey: megdempseyconsulting@gmail.com; ussailing.org/competition/championships/u-s-junior-womens-singlehanded-championship/



© ussailing.org

### 18

**Niantic Bay Yacht Club Regatta & Cocktail Party** This event for PHRF & one-design sailors raises funds and awareness for Hospice South-eastern Connecticut. Niantic Bay Yacht Club, Niantic, CT; hospicesect.org/fundraise/regatta-fundraising

### 19

**Shoreline Sailing Club meeting** The guest speaker will be Michael Harris of Sail Connecticut Access, a wonderful organization that offers people with special needs the opportunity to enjoy sailing – not only as passengers, but as skippers – and to encourage people with and without special needs to share the experience. This non-profit club for active singles who like to sail, socialize, dance, fish, kayak and more meets on the first & third Thursdays of each month at 7:30pm. New members are welcome, and experience is not necessary. Westbrook Elks Lodge, Westbrook, CT; shorelinesailingclub.com

### 19 - 21

**EYC Race Weekend** This event features 'Round-the-Buoy Races, the 'Round-the-Island Race around Martha's Vineyard, and a new 'Round-the-Sound Race. Edgartown Yacht Club, Edgartown, MA; edgartownyc.org

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19 - 21

## Force 5 North American Championship

This event is hosted by Hunterdon Sailing Club and Force 5 Fleet #36. Spruce Run State Park, Clinton, NJ; [force5.us/main](http://force5.us/main); [thamesyc.org](http://thamesyc.org)

20

## Junior Safety-at-Sea Seminar

(See details 7/9 above) Larchmont Yacht Club, Larchmont, NY; Dick York: [York.richardw@gmail.com](mailto:York.richardw@gmail.com); [stormtrysailfoundation.org/safety-at-sea-seminars](http://stormtrysailfoundation.org/safety-at-sea-seminars)

20 - 22

## Marshall Marine Rendez-vous

Marshall Catboats is celebrating 50 years of building tradition, and all owners and admirers of these lovely boats are cordially invited. Marshall Marine, South Dartmouth, MA; Kristen Marshall: 508-994-0414; [Kristen@marshallcat.com](mailto:Kristen@marshallcat.com); [catboats.org](http://catboats.org)



© Kristen Marshall

21

## 17th Annual Sail Park City Regatta

Hosted by Fayerweather Yacht Club with support from Black Rock Yacht Club, this event for PHRF Spinnaker, Non-Spinnaker and One-Design boats supports SWIM Across the Sound, Connecticut's largest cancer charity. The post-race party features live music, food, drinks, auctions & awards. Fayerweather Yacht Club, Black Rock, CT; [regattanetwork.com](http://regattanetwork.com)

21

## Essex Rum Challenge

Hosted by Essex Yacht Club and sponsored by Goslings Rum, this ECSA points event is open to all boats with a valid ECSA PHRF certificate. Essex, CT; [essexyc.com](http://essexyc.com)

21

## PJYC Town Cup/Women's Challenge

This pursuit-style race is open to all single hull boats holding valid PHRF certification issued by the YRALIS. Port Jefferson Yacht Club, Port Jefferson, NY; [ptjffyc.com](http://ptjffyc.com)

21

## Gillespie Trophy - Women's Championship

This event will be sailed in Ideal 18s. Norwalk Yacht Club, Norwalk, CT; [norwalkyachtclub.com](http://norwalkyachtclub.com)

21

## Black Dog Dash

Co-hosted by the New England Multihull Association and The Black Dog, this 22-mile pursuit race from Vineyard Haven to Edgartown is open to all multihulls with a NEMA handicap rating. Martha's Vineyard, MA; [nemasail.org](http://nemasail.org)

21

## Maritime Aquarium 30th Anniversary Celebration

The number 1 aquarium in New England celebrates 30 years of living exhibits, marine science and environmental education in support of Long Island Sound with strolling entertainers, a disc jockey, photo booth with special backdrops, cake & cupcakes, a wooden boat building demonstration, and much more. Admission prices will be rolled back to 1988, at \$9.50 for adults and seniors and \$5.50 for children 3 - 12. The Maritime Aquarium at Norwalk, CT; [maritimeaquarium.org](http://maritimeaquarium.org)



© maritimeaquarium.org

21 & 22

## 2-Day Basic Safe Powerboat Handling Course

Pettipaug Sailing Academy, Essex, CT; John Kennedy: 860-526-



2232; Kdesign@snet.net; Pet-tipaug.com Also offered 8/18 & 19 and 9/8 & 9

**22**  
**Let's Take a Veteran Sailing in Babylon!** This inaugural event is part of SailAhead's mission of Healing Wounded Veterans through Sailing. Babylon Yacht Club, Babylon, NY; SailAhead.org; facebook.com/SailAhead



© SailAhead.org

**22**  
**Outer Light Classic** This ECSA points event is hosted by North Cove Yacht Club. Old Saybrook, CT; northcoveyc.com

**22**  
**Queen's Cup** This event is open to IRC yachts with a rating of 1.07 or faster. New York Yacht Club's Harbour Court, Newport, RI; nyyc.org

**23 & 24**  
**JSA Race Week** This Junior Sailing Association of Long Island Sound event will be sailed in Lasers, Radials & C420s. Cedar Point Yacht Club, Westport, CT; cedarpointyc.org; jsalis.org

**23 - 25**  
**Marblehead Junior Race Week** This event for Opti, C420 & Laser sailors is hosted by Pleon Yacht Club with race management support from Boston YC, Corinthian YC, Eastern YC & Manchester YC. Marblehead, MA; pleon.org

**25**  
**Junior Safety-at-Sea Seminar** (See details 7/9 above) Stonington, CT (venue TBA); Peter Rugg; ruglet@PeterRugg.com; stormtrysail-

foundation.org/safety-at-sea-seminars

**25**  
**Junior Safety-at-Sea Seminar** (See details 7/9 above) Raritan Yacht Club, Perth Amboy, NJ; Kelly Robinson: krobins@newark.rutgers.edu; stormtrysailfoundation.org/safety-at-sea-seminars

**25 - 27**  
**GSBYRA Junior Race Week** Open to Optimist, 420 & Mercury sailors (other junior instructional classes are welcome), this Great South Bay Yacht Racing Association event is hosted by Unqua Corinthian YC, Babylon YC & Bay Shore YC. gsbbyra.org

**26 & 27**  
**JSA Pixel/Feva/O'Pen BIC Race Week with Pixel Champs** This Junior Sailing Association of Long Island Sound event is hosted by Manhasset Bay Yacht Club. Port Washington, NY; manhassebayyc.org; jsalis.org

**26 - 28**  
**Candy Store Cup Superyacht Regatta** Hosted and organized by Newport Shipyard and Banister's Wharf and set in the Corinthian spirit, this invitational event is open to yachts over 90' LOA (unless invited under the 'Grandfather Clause'). Newport, RI; candystorecup.com

**26 - 28**  
**Camden Classics Cup** Presented by Lyman-Morse at Wayfarer Marine in conjunction with the Camden Yacht Club and with support from the CYOA, Maine's newest classic sailing regatta is a celebration of both classic yacht racing and boatbuilding, and a fundraiser for LifeFlight of Maine. Camden, ME; camdenclassicscup.com

**26 - 29**  
**42nd Annual Around Long Island Regatta** Starting in New York Harbor, this 205-nautical mile race has divisions for IRC, PHRF Spinnaker

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## 27 & 28

**12th Annual Mudnite Madness Overnight** Organized by the Mystic River Mudhead Sailing Association, this circumnavigation of Block Island and Fishers Island is an ECSA double points event. mudhead.org

## 27 & 28

**New England Solo/Twin** Sponsored by the Rhode Island State Yachting Committee, Goat Island Yacht Club and Newport Yacht Club, this single- and double-handed event is open to monohulls and multihulls. Newport, RI; newportyachtclub.org; nemasail.org

## 27 - 29

**76th Annual Hyannis Yacht Club Regatta** This

one-design event is open to Optimists, Beetle Cats, Lasers, Laser Radials, C420s, J/22s, J/70s & F18 catamarans. Hyannis Yacht Club, Hyannis, MA; hycregatta.org

## 27 - 29

**Newport Folk Festival** This year's lineup includes Courtney Barnett, Jason Isbell and The 400 Unit, Ben Harper & Charlie Musselwhite, Brandi Carlile, Gary Clark, Jr., Lukas Nelson and Promise of the Real, Sturgill Simpson, Toots and the Maytals, Tuck & Patti, and many more. Fort Adams State Park, Newport, RI; newportfolk.org

## 28

**17th Annual PWYC Make-A-Wish Regatta** Open to Blue Jay, C420, Laser, Laser Radial, Optimist, Pixel and O'Pen BIC sailors, this event supports Make-A-Wish® Metro New York. Port Washington Yacht Club, Port Washington, NY; pwyc.com

## 28

**17th Annual Red Lobdell**

**Memorial Regatta** Open to all boats over 20 feet LOA, all NEMA rated multihulls, and one-design classes with three or more entries, this is an ECSA points event for PHRF rated boats sailing with spinnakers. Stonington Harbor Yacht Club, Stonington, CT; shyc.us

## 28

**Onne van der Wal Photography Workshop on the Water: Candy Store Cup** Newport's own superyacht regatta is a spectacular sight to behold! Join Onne aboard the M/V *Gansett* to photograph the 100-foot (and above) yachts racing on Narragansett Bay. Limited to 15 photographers; reserve at 401-849-5556 or gallery@vanderwal.com; vanderwal.com

## 28

**Evening Race** This PHRF event will be sailed under the Full Buck Moon. Norwalk Yacht Club, Norwalk, CT; norwalkyachtclub.com

## 28 - 29

**Antique & Classic Boat Rendezvous** A dazzling display of approximately 35 vintage vessels including cruisers, sailboats and runabouts, this year's Rendezvous features boats designed by John G. Alden. Participating vessels will make their way down the Mystic River in a jubilant, three-mile parade Sunday afternoon. Mystic Seaport Museum, Mystic, CT; mysticseaport.org

## 28 - 8/3

**Thistle Nationals** (Women's & Junior's Championships are Saturday, 7/28) Cedar Point Yacht Club, Westport, CT; cedarpointyc.org

## 29

**4th Annual Let's Take a Veteran Sailing!** This event is part of SailAhead's mission of Healing Wounded Veterans through Sailing. Centerport Yacht Club, Centerport, NY; SailAhead.org; facebook.com/SailAhead

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29

**Commodore's Cup for the Drake H. Sparkman III Memorial Trophy** This Yacht Racing Association of Long Island Sound event is hosted by American Yacht Club, Rye, NY; Thomas Blackwell: 203-521-9258; thomasblackwell@sbcglobal.net; americanyc.org; yralis.org

31 - 8/1

**33rd Annual Moby-Dick Marathon** Held aboard the whaleship *Charles W. Morgan*, the longest running marathon read in the country is a 24-hour celebration the 199th birthday of author Herman Melville with an actor portraying Melville, theatrical staging of certain chapters by the Tale-Makers theatre troupe, a live music performance and other surprises. Participation is free with museum admission or membership, although advance registration is required to stay overnight due to limited capacity on the *Morgan*. Call 860-572-5331 to register. Mystic Seaport Museum, Mystic, CT; mysticseaport.org

## AUGUST

2 & 3

**RS Feva XL North American Championship** This Junior Sailing Association of Long Island Sound event is organized by the RS Feva Class Association and hosted by Indian Harbor Yacht Club, Greenwich, CT; indianharboryc.com; jsalis.org



© Mary Alice Fisher/  
maryalicefisher.com

2 & 16

**Shoreline Sailing Club meeting** This non-profit club for active singles who like to sail, socialize, dance, fish, kayak and more meets on the

first & third Thursdays of each month at 7:30pm. New members are welcome, and experience is not necessary. Westbrook Elks Lodge, Westbrook, CT; shorelinesailingclub.com

3

**8th Annual National Lighthouse Museum Light Keeper's Gala** This cruise of New York Harbor on board the Gala Vessel leaves from Pier 1 (adjacent to the museum), featuring an open bar, hors d'oeuvres, dinner and dancing in the moonlight. National Lighthouse Museum, Staten Island, NY; 718-390-0040; info@lighthousemuseum.org; lighthousemuseum.org

3 & 4

**SIYC Race Week at Shelter Island** This event includes the Around-the-Island Race or middle distance race and a two-day series for yachts racing in IRC, PHRF, One-Design and Classic divisions. Shelter Island, NY; siyc.com/raceweek

3 - 5

**46th Annual Buzzards Bay Regatta** Presented by Mozzone Lumber Co Featuring Marvin Windows & Doors and co-hosted by Beverly Yacht Club, New Bedford Yacht Club, Mattapoisett Yacht Club and Low Tide Yacht Club, the largest multi-class regatta on the East Coast has divisions for Lasers (including Radials & Masters), C420s, I420s, V15s, 505s, J/24s, J/80s, F-18s, R18s, and PHRF Racing & Cruising boats. buzzardsbayregatta.com



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3 - 5

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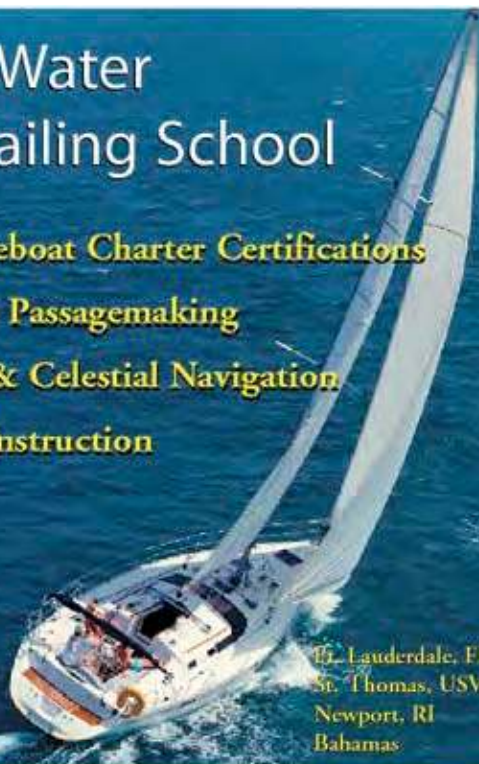
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### 3 - 5 Newport Jazz Festival Presented by Natixis Investment Managers

This year's powerhouse lineup includes Pat Metheny, Living Colour, Charles Lloyd & Friends (featuring Lucinda Williams!), George Clinton & Parliament Funkadelic, Laurie Anderson & Christian McBride, Michel Camilo, and many more. International Tennis Hall of Fame and Fort Adams State Park, Newport, RI; newportjazz.org

4  
**42nd Annual Save the Bay Swim for Narragansett Bay** With 500 swimmers and nearly 200 kayakers making the journey from the Newport Navy Base to Potter Cove in Jamestown, this event supports Save the Bay's mission to protect and restore the Narragansett Bay region. Newport, RI; savebay.org

4  
**31st Annual SWIM Across the Sound Marathon** A 15.5-mile swim from Port Jefferson, NY to Bridgeport, CT, this event raises funds for SWIM Across the Sound, Connecticut's largest cancer charity. Volunteer captains with boats are needed! Hope has no finish line. Captain's Cove Seaport, Bridgeport, CT; give.stvincents.org/swimacrossthesound



© WestportNow.com

4  
**4th Annual SYC Light-house Regatta** This ECSA points event is hosted by Shenecossett Yacht Club. Groton, CT; syc-ct.com

4  
**Norwalk/Noroton/Stamford Challenge** Norwalk Yacht Club, Norwalk, CT; norwalkyachtclub.com

4  
**Howard C. Hoxsie Regatta** This J/24 event is hosted by Harlem Yacht Club. City Island, NY; race@hyc.org; hyc.org

4  
**Boardman Cup Invitational** This ECSA points event is hosted by Milford Yacht Club. Milford, CT; milfordyachtclub.com; ecsa.org

4 & 5  
**YRA Championship Regatta** Sponsored by Thomson Reuters and co-hosted by Riverside YC, Indian Harbor YC & American YC, this Yacht Racing Association of Long Island Sound event is open to dinghies, inshore & offshore one-designs, and PHRF & IRC boats. Greenwich, CT & Rye, NY; yralis.org

4 & 5  
**GSBYRA Invitational Regatta** This Great South Bay Yacht Racing Association event is hosted by Westhampton Yacht Squadron. Westhampton, NY; gsbyra.org

4 & 5  
**AHYC Blue Water Regatta** This event is open to J/24s, J/105s, PHRF Spinnaker & Non-spinnaker boats and Multihulls. Atlantic Highlands Yacht Club, Atlantic Highlands, NJ; ahyc.net

4 - 6  
**Twenty Hundred Club Block Island Race** This PHRF event comprises races from Newport, RI to Block and back. twentyhundredclub.org

9  
**Junior Safety-at-Sea**



**Seminar** (See details 7/9 above); SailMaine, Casco Bay/Portland, ME; Bill Skelton: william.skelton@fnf.com; stormtrysail-foundation.org/safety-at-sea-seminars

**10**  
**Niantic Bay Yacht Club Cocktail Party** 6pm; location TBA

**10 - 12**  
**16th Annual Maine Boats & Home Show** Maine's only in-water boat and home show features the state's finest artists, architects, boatbuilders, craftspeople, designers, furniture makers, marine gear vendors, chefs & musicians. Attractions include the Small Boat Love-In (a groovy gathering of privately owned small craft from Corsons to Whalers), a Fun For Kids area, live music, fine Maine food, the 16th Annual World Championship Boatyard Dog® Trials, and (new for 2018) a Working the Coast: Charting the Future exhibit. Gates open at 10am daily. Harbor and Buoy Parks, Rockland, ME; maineboats.com



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**11**  
**"Rock the Docks" Lobsterfest Fundraiser for Seamen's Church Institute** This event supports this venerable organization's mission to protect, preserve and enhance the maritime culture of Newport & Narragansett Bay by providing education, hospitality and a safe haven for those who work, live and play on or by the sea. Open bar, lobster dinner, music & live auction. 6 - 10pm; Newport Shipyard, Newport, RI; for tickets and more information, call 401-847-4260 visit seamensnewport.org.

**11**  
**37th Annual American Cancer Society Regatta** Sponsored by the Mount Sinai Sailing Association, this is the second longest running charity regatta in the U.S. PHRF Spinnaker and Non-spinnaker boats (with Double-Handed & One-Design divisions based on entries) will sail a course of approximately 8 to 20 miles, followed by a party at Mount Sinai Yacht Club with live entertainment, food, refreshments, raffle & auction. Mount Sinai, NY; mssa.org

**11**  
**Connecticut River One-Design Leukemia Cup Regatta** Hosted by Essex Corinthian Yacht Club in partnership with Pettipaug Yacht Club, this regatta is open to any one-design fleet with 5 or more registered boats (Ideal 18, Etchells, MC Scow, Laser, JY-15, C420, Sunfish, Force 5, etc.). Boats that do not form a one-design class will race as a Portsmouth handicap class. This event supports the Leukemia & Lymphoma Society's mission to cure blood cancers. Westbrook, CT; Ruth Emblin: leukemicup2018@essexcorinthian.org; essexcorinthian.org/2018ctriverleukemicup.html

**11**  
**38th Annual Women Skippers' Race** City Island Yacht Club, City Island, NY; cityislandyc.org

**11**  
**HYC Mayor's Cup Regatta** Huguenot Yacht Club, New Rochelle, NY; huguenotyc.com

**11**  
**New Haven Mayor's Cup** This ECSA points event is hosted by New Haven Yacht Club. New Haven, CT; newhavenyc.org

**11 & 12**  
**Corinthian Classic Yacht Regatta** This Panerai North American Classic Yacht Series event is hosted by Corinthian Yacht Club. Marblehead, MA; corinthianclassic.org

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## 11 - 19

### **Nantucket Race Week**

Co-hosted by Nantucket Yacht Club and Great Harbor Yacht Club, this event raises funds for Nantucket Community Sailing. Events include the 45th Annual Opera House Cup for classic wooden boats (8/19), a 12 Metre regatta, PHRF racing, a youth regatta, an open sailboard regatta, women's fun sail, paddlecraft races and more. Nantucket, MA; [nantucketraceweek.org](http://nantucketraceweek.org)

## 12

### **The Masthead Race and Party**

Hosted by Masthead Cove Yacht Club since 2006 in memory of MCYC Past Commodore Carol Marcinuk, this novice-friendly race benefits the Marcinuk Fund for Ovarian Cancer Research at Cold Spring Harbor Laboratory. The party starts at 4pm at Wyncote Club. Huntington, NY; Dave Tuck: [racing@mastheadcoveyc.org](mailto:racing@mastheadcoveyc.org); [mastheadcoveyc.org](http://mastheadcoveyc.org)

## 12

### **65th Annual CIYC Day**

**Race** City Island Yacht Club, City Island, NY; [cityislandyc.org](http://cityislandyc.org)

## 12 & 13

**PYC Invitational** This Junior Sailing Association of Long Island Sound event for C420, RS Feva, Pixel, Laser & Radial sailors is hosted by Pequot Yacht Club. Southport, CT; [pequotyc.com](http://pequotyc.com); [jsalis.org](http://jsalis.org)

## 13

**Big Bash** This Junior Sailing Association of Long Island Sound event will be sailed in O'Pen BICs, Fevas and Waves. American Yacht Club, Rye, NY; Kevin Broome: 917-967-4800 ext. 129; [JuniorAYC@gmail.com](mailto:JuniorAYC@gmail.com); [jsalis.org](http://jsalis.org)

## 13 & 14

**50th Annual Regatta for the Dorade Trophy** In "The Dorade," youth sailors race overnight on 29- to 44-foot PHRF boats. Stamford Yacht Club, Stamford, CT; [stamfordyc.com](http://stamfordyc.com); Ray Redniss: [rredniss@optonline.net](mailto:rredniss@optonline.net); [jsalis.org](http://jsalis.org)



© Rick Bannerot

## 14 & 15

### **62nd Annual Beach Point Overnight Race**

This PHRF race for the Junior Distance Sailing Championship of Long Island Sound is hosted by the Beach Point Club. Mamaroneck, NY; [jsalis.org](http://jsalis.org)

## 17

### **14th Annual Ida Lewis Distance Race**

A late-summer sailing tradition loved by grand prix racers and cruising sailors alike, "The Ida" is open to IRC, PHRF, One-Design, Multihull and Double-Handed boats of 28 feet LOA or longer. The

course will be between 104 nm and 177 nm, depending on what the Race Committee thinks best suits the conditions. Ida Lewis Yacht Club, Newport, RI; [ilyc.org/long-race](http://ilyc.org/long-race)




© Meghan Sepe

## 17

### **Sam Wetherill Trophy Overnight Race**


Honoring the memory of an ardent blue-water sailor, this ECSA double points race around Block Island was established to encourage long distance overnight racing for cruising sailboats. Essex Yacht Club, Essex, CT; [essexyc.com](http://essexyc.com)


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**17**  
**The Stamford Overnight Race** With a course of approximately 47 nm from Stamford to Stratford Shoal and back, this race is open to monohulls 24 feet LOA or over; owned or chartered by a YRALIS member and with a valid PHRF or IRC certificate. Stamford Yacht Club, Stamford, CT; stamfordyc.com

**17**  
**Junior Safety-at-Sea Seminar** (See details 7/9 above); Chicago Yacht Club, Chicago, IL; Jay Kehoe: kehoe@chicagoyachtclub.org; stormtrysailfoundation.org/safety-at-sea-seminars

**17 & 18**  
**Nantucket Regatta** This Panerai North American Classic Yacht Series event is hosted by the Nantucket Yacht Club, Great Harbor Yacht Club and Nantucket Community Sailing. Nantucket, MA; nantucketcommunitysailing.org; paneraiclassic-yachtschallenge.com

**17 - 19**  
**Hinman Masters Team Race** New York Yacht Club's Harbour Court, Newport, RI; nnyc.org

**17 - 19**  
**34th Annual Antique & Classic Boat Show** This event features a variety of vintage watercraft at beautiful Rondout Creek (actual show date is Saturday, 8/18). Hudson River Maritime Museum, Kingston, NY; acbs-hrc.org

**18**  
**4th Annual Western Long Island Sound Governor's Cup Day Race & Charity Regatta** Presented by Huguenot Yacht Club, City Island Yacht Club & Manhasset Bay Yacht Club, this benefit for Sails For Sustenance is a challenging event for PHRF (Spinnaker & Non-Spinnaker) and IRC boats, plus an additional start for unrated cruising boats (PHRF ratings will be assigned). New Rochelle, NY; yachtscoring.com

**18**  
**14th Annual Ms. Race** Hosted by Atlantic Highlands Yacht Club, this PHRF pursuit race for all-female crews benefits 180 Turning Lives Around, a non-profit organization dedicated to ending domestic violence and sexual assault. Atlantic Highlands, NJ; Diane Kropfl: 732-872-9190; ahyc.ms.race@gmail.com; ahyc.clubexpress.com



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**18**  
**Buzzards YC PHRF Race** Open to all boats with a valid PHRF certificate and a rating of no greater than 225, this event is a qualifier for the Buzzards

Bay Trophy. The Buzzards Yacht Club, Pocasset, MA; buzzardsyc.com

**18**  
**41st Annual Fools' Rules Regatta** Competitors in this event, sponsored by Jamestown Yacht Club, must build a "sailboat" from non-marine materials and attempt to sail a 500-yard downwind course. Volunteers are needed! Town Beach at East Ferry, Jamestown, RI; Candy Powell: 401-423-1492; candacepowell48@gmail.com; jyc.org



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**18**  
**Mason's Island Regatta**

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This ECSA points event is hosted by Mason's Island Yacht Club, Mystic, CT; [masonslandyachtclub.com](http://masonslandyachtclub.com)

**18**  
**9th Annual Newport SUP Cup** Proceeds from this paddle around historic Newport Harbor (with short & long courses) support Clean Ocean Access. Newport, RI; [newport-supcup.coastalurge.com](http://newport-supcup.coastalurge.com)



© coastalurge.com

**18**  
**First Annual Sachem's Head Coastal Classic** This 15 to 20 mile coastal race is open to any sailboat with a valid ECSA PHRF rating. Sachem's Head Yacht Club, Guilford, CT;

[shyc.club/sachems-head-coastal-classic/](http://shyc.club/sachems-head-coastal-classic/)

**18**  
**44th Annual Milford Oyster Festival** Attractions include a canoe & kayak race, a schooner cruise, a boat decorating contest, a car & motorcycle show, kids' activities, live music by Eddie Money, John Cafferty & The Beaver Brown Band and others, abundant oysters, and much more. 10am - 6pm; free; Milford, CT; [milfordoysterfestival.org](http://milfordoysterfestival.org)

**19**  
**3rd Annual SailAhead Great South Bay Exploration Day** Held in partnership with the South Bay Cruising Club, is part of SailAhead's mission of Healing Wounded Veterans through Sailing. The Snapper Inn, Oakdale, NY; [SailAhead.org](http://SailAhead.org); facebook.com/SailAhead

**19**  
**46th Annual Opera House Cup Regatta** The first all-wooden, single-hulled classic boat regatta on the East Coast,

this Panerai North American Classic Yacht Series event is co-hosted by Nantucket Yacht Club and Great Harbor Yacht Club. Nantucket, MA; [operahousecup.org](http://operahousecup.org)

**23 - 26**  
**Narragansett Bay Classic Yacht Rendezvous** This Panerai North American Classic Yacht Series event comprises two regattas: the Herreshoff Classic Yacht Regatta at the Herreshoff Marine Museum & America's Cup Hall of Fame, and the Newport Classic Yacht Regatta at Sail Newport. Bristol and Newport, RI; [classicyachts.org](http://classicyachts.org)

**24 - 26**  
**84th Manhasset Bay Race Week** This event is open to Opti, Laser, Snipe, Ideal 18, Sonar and MBOD sailors. Manhasset Bay Yacht Club, Port Washington, NY; [manhassetbayyc.org](http://manhassetbayyc.org)

**25**  
**EBYRA Day Race** Eastchester Bay Yacht Racing Association; City Island, NY; [ebyra.org](http://ebyra.org)

**25 & 26**  
**Newport Unlimited Regatta** This event is open to all multihulls with a New England Multihull Association handicap rating. Newport Yacht Club, Newport, RI; [newportyachtclub.org](http://newportyachtclub.org); [nemasail.org](http://nemasail.org)

**25 & 26**  
**26th Annual Seafood Festival** Celebrating Long Island's famous oysters, clams and seafood, traditions, this family event features local cuisine, live music, arts & crafts, kids' activities, pirate shows, educational exhibits and more. Long Island Maritime Museum, West Sayville, NY; [discoverlongisland.com](http://discoverlongisland.com)

**26**  
**Connecticut Special Olympics Invitational** This regatta will be sailed in V15s & Flying Scots. Cedar Point Yacht Club, Westport, CT; [cedarpointyc.org](http://cedarpointyc.org)

**26**  
**HHC Labor Day Regatta** Hempstead Harbour Club, Glen Cove, NY; [hempsteadharbourclub.com](http://hempsteadharbourclub.com)

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**Ram Island Invitational**

Ram Island Yacht Club hosts this ECSA points race. Noank, CT; ramislandyachtclub.org

**31**

**84th Vineyard Race** This Labor Day Weekend classic offers a choice of three courses: 238 nm from Stamford, CT around Buzzards Bay Light Tower and back, 143 nm to Seaflower Reef and back, and 116 nm to Cornfield Point Shoal and back, with divisions for IRC, PHRF, HPR, Multihulls, Classic Yachts and Double-Handed boats and a Corinthian Challenge for college sailors. Stamford Yacht Club, Stamford,



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CT; stamfordyc.com/Sailing/Vineyard\_Race\_(1); vineyard-race.wordpress.com

**31**

**LHYC Huntington Lighthouse Benefit Race** Organized by Lloyd Harbor Yacht Club, this inaugural event has a pursuit-style race in which each yacht will have a starting time determined by its rating. All proceeds will directly benefit the Huntington Lighthouse Preservation Society, Inc. Huntington Bay, NY; Jim Meystrik: 516-523-6613; fleetcapt@lhyc.org; lhyc.org

**31 - 9/2**

**21st Annual Rhythm & Roots Festival** New England's premier festival of roots music and dance features "Glamming in the French Quarter" and a powerhouse lineup including Taj Mahal Trio, Steve Earle & The Dukes, Donna the Buffalo, Dustbowl Revival, Shinyribs, and many more. Ninigret Park, Charlestown, RI; rhythm-and-roots.com

**SEPTEMBER****I**

**Huntington Lighthouse Music Festival** The world's only music festival atop a working lighthouse in the middle of the water features a variety of great bands performing from 11 am to dusk. Drop an anchor and raft up with friends. Admission is free, although donations for the preservation of historic Huntington Lighthouse will be collected. (rain date Sunday, 9/2); Huntington Bay, NY; huntington-lighthouse.org

**I**

**FIYC 'Round Island Regatta** Co-hosted by Fishers Island Yacht Club and the IOD class, this circumnavigation of Fishers Island is open to yachts with a valid PHRF certificate, yachts in the IOD, J/70, Watch Hill 15 and Ensign classes, and by invitation. Bringing back Reaching for Grinders! Fishers Island, NY; fiyc.net

**2****91st Annual Conanicut YC Around the Island Race**

The oldest continuing yacht race on Narragansett Bay, this circumnavigation of Conanicut Island is open to all sailboats with a PHRF of NB rating. Conanicut Yacht Club, Jamestown, RI; conanicutyachtclub.org; nbya.org

**2****Onne van der Wal Photography Workshop on the Water: Around the Island Race**

Join Onne aboard the M/V Gansett to photograph a variety of beautiful boats, with views of both the Jamestown and Newport Bridge and stunning Beavertail Lighthouse. Limited to 15 photographers; reserve at 401-849-5556 or gallery@vanderwal.com; vanderwal.com

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# sound environment.

## Give a Sip!

### Campaign supports elimination of plastic straws in New York City

By John Delaney

The Wildlife Conservation Society (WCS) kicked off its Give a Sip campaign in May to support a bill introduced by Councilman Rafael Espinal that will eliminate the use of most single-use plastic straws in New York, NY. Give a Sip asks New York City consumers, restaurants and businesses to support the legislation to stop using single-use plastic straws, which contribute to plastic pollution that harms a wide array of marine wildlife from whales to sea turtles.

The legislation prevents food service establishments in New York City from offering consumers single-use beverage straws or stirrers made of plastic or other non-biodegradable material. It would still allow food service establishments to offer biodegradable and reusable straws to consumers. It also includes exemptions that allow food service establishments to continue to offer appropriate straws for people with disabilities or medical conditions. Since this law will take effect 180 days after passage, it allows time for and consumers to be educated on the issue and food service establishments to prepare to make appropriate changes.

"It's no secret that we have a plastic problem," said Councilman Espinal. "It is estimated that there are 13 million metric tons of plastic clogging our oceans and that 100,000 marine creatures die from plastic entanglement a year. But, there is something we can do about this trend and it could be as simple as changing how you drink your iced coffee in the morning or your cocktail at night. With so many options available from paper to metal straws, we can make plastic a thing of the past. That is why I am proud to introduce legislation which would virtually eliminate plastic straws from New York City venues, bars and restaurants."

"A single straw may seem like nothing. It's not," said John Calvelli, WCS Executive Vice President of Public Affairs. "Tons of plastic enter oceans around the world each year. New York can help lead the way by saying no to plastic straws. Since they can't be recycled, single-use plastic straws are among the main offenders. Plastic pollution in our city is deadly for local turtles, fish, and birds. They can't help getting tangled in it or mistaking it for food. Join us and let's make a difference together." WCS, which runs the Bronx Zoo, New York Aquarium, Central Park Zoo, Prospect Park Zoo, and Queens Zoo, has already eliminated plastic straws from all of its parks.

"As a native New Yorker, I know that this city can create a wave of change for clean seas...throughout all five boroughs," said Adrian Grenier, co-founder of Lonely Whale, which produced the Strawless In Seattle campaign. "I hope the people of New York will join WCS and Lonely Whale and commit to #StopSuck-



ing by supporting the Give A Sip campaign. Together, our small commitments on behalf of our ocean have the power to drive a massive impact."

In addition, The Oceanic Global Foundation has been instrumental in supporting the campaign, having recruited a robust list of New York's leading venues to back the bill. Oceanic Global has on-boarded partners through providing them with the Oceanic Standard tool-kit, a comprehensive guide to implementing sustainable practices in the hospitality industry, on both the consumer-facing side and in back-of-house activity.

"We're thrilled to support WCS and Rafael Espinal in driving legislation to ban the use of plastic straws in New York," said Lea d'Auriol founder of Oceanic Global. "We view eliminating plastic straws as the 'gateway' step for businesses and consumers to implementing sustainability on larger scale. Our hope is that through taking this initial action, New York will continue to move towards a greener future, and inspire other global cities to follow its lead."

Plastic straws are among the most common litter items found on our beaches and in the world's oceans. Sixty to 80 percent of all marine debris is composed of plastic; 260-plus species have ingested or been entangled by plastic debris. Plastic straws cannot be recycled, so they either end up in a landfill or as litter where they eventually wind up in the ocean. Alternatives such as paper, bamboo, metal, or glass straws are readily available – or consumers can simply skip using straws altogether.

Plastic's effect on marine life is staggering: An estimated 71 percent of seabirds and 30 percent of sea turtles have been found with plastic in their stomachs. When an animal ingests plastic, it's often fatal. In the ocean, plastic straws break down into "micro-plastics" where they can enter the food chain and wind up on our plates. At the rate the world is polluting, experts say there will be more plastic in the ocean by weight than fish by 2050. To support the legislation, learn more, and download a toolkit, go to [giveasip.nyc](http://giveasip.nyc). ■

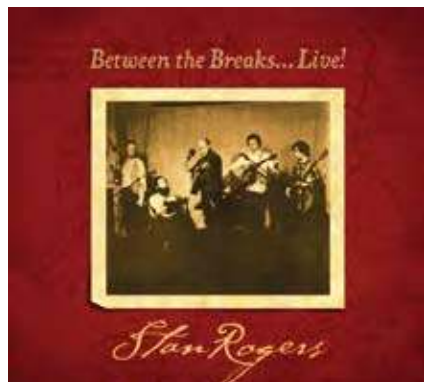
*John Delaney is an Assistant Director of Communications at the Wildlife Conservation Society.*



# music review.

## Stan Rogers

### *Between the Breaks...Live!*



Longtime *WindCheck* readers may recall this reviewer's admiration for the music of the late, great Stan Rogers (1949-1983). Stan, who lost his life in a fire aboard Air Canada Flight 797 while returning home from the Kerrville Folk Festival, left a

body of work that's been called "one of the touchstones of modern Canadian history." We'll not see his like again.

Recorded in 1979 at a folk club in Toronto called *The Groaning Board* and lovingly remastered by the folks at Borealis Records, *Between the Breaks...Live!* captures the formidable power of Stan's concerts. A gifted songwriter with a rich baritone as big and brawling as his beloved homeland, Stan's joined here by brother Garnet Rogers (violin, flute & vocals), David Alan Eadie (bass, pennywhistle & vocals), Grit Laskin (mandolin, concertina, Northumbrian smallpipes & vocals), and Curly Boy Stubbs (guitar & vocals). Highlights include rousing maritime favorites "Barrett's Privateers," "The Mary Ellen Carter," "The Flowers of Bermuda" and the trad chantey "Rolling Down to Old Maui," a cover of Scottish folksinger Archie Fisher's mystical "The Witch of the Westmorland," and the darkly haunting "Harris and the Mare."

It's immensely gratifying that young listeners and performers continue to be inspired by Stan's incomparable music, thanks to folks like Paula Daddio, a Science teacher at the Sound School in New Haven, CT who skips the S.S. Chanteens, a sea chantey ensemble at that vocational aquaculture high school. (The Chanteens' *a cappella* rendition of "Flowers of Bermuda" at the International Sea Music Festival shook the rafters in Mystic Seaport Museum's Boat Shed!)

It's my sincere hope, dear reader, that you'll share Stan Rogers with your favorite young sailor, and *Between the Breaks* is a fine place to start. If you're blessed with a good record store nearby (i.e. Vinyl Street Café in Fairfield, CT, Johnny's Records in Darien, CT or The Telegraph in New London, CT), ask them to order a copy. If not, log onto BorealisRecords.com, where hardcore Stan fans will find *The Collection*, a beautifully packaged box set comprising five remastered albums (*Fogarty's Cove*, *Turnaround*, *Between the Breaks*, *Northwest Passage* and *From Fresh Water*), a five-song EP of previously unreleased live material, and an enhanced DVD edition of the Stan Rogers documentary *One Warm Line*. ■

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2018

## Hurricanes May Miss Us, but They Leave Deadly Rip Tides

By Vincent Pica

Commodore, First District, Southern Region (DISR)  
United States Coast Guard Auxiliary

Hurricane season is in gear. This column is about rip tides, rip currents and undertows, which are what distant storms leave us. Lest one of us comes to grief...

### Undertow v Rip Tide v Rip Currents

Anyone who has ever been to a beach understands undertow. It is the backwash as gravity returns a breaking wave to the sea. All but small children can stand against it – and its effect ends at the leading edge of the next breaking wave. While it might knock you down and thus “suck” you under, it won’t pull you out to sea. Our mothers didn’t know that because they confused undertow with rip tides and rip currents.

A rip tide is the result of tides and the egress and ingress of large volumes of water flowing through inlets, estuaries, and bays. As facts would have it, most people don’t swim near inlets or where bays meet the sea. They swim near beaches, where sand bars often form, and where rip currents, “the killer current,” form in concert.

### The Anatomy of a Rip Current

Rip currents are by far the biggest killers of ocean swimmers. Rip currents form as waves disperse along the beach causing water to become trapped between the beach and a sandbar or other underwater feature. This water becomes the “feeder” that creates the deadly force of the rip current. The water converges into a narrow, river-like channel moving away from the shore at high speed.

Marine scientists define a rip current as having a “neck” (the river-like channel moving away from the shore) and a “head” that is often defined by an unusual disturbance or choppiness in the water and by murky discoloration caused by sand and debris. As the water, and swimmer, reaches the “head,” the velocity and strength of the rip current circulation begins to weaken considerably.

### Can I See a Rip Current?

Often, yes. As a result of the current’s speed, sand is forced into suspension often causing a rip current to be associated with “dirty” water. It is characterized by a strong, localized current flowing seaward from the shore; visible as an agitated band of water, which is the return movement of water piled up on the shore by incoming waves.



© lifesaving.com.au

### Most Importantly, Can I Get Out of the Grip of a Rip Current?

If you don’t panic, and play the water’s power to your advantage, yes. Don’t try to swim back to shore against the rip current that is dragging you out. Most likely, you will tire beyond recovery and drowning, flatly put, will follow as surely as night follows day. Swim with and across the rip current. Let it give you some speed – as you “exit, stage left!” Or right – but get out of the grip of the current and into “normal” water. Then, deal with the hand you’ve been dealt – swim back, or just tread water while waving your arms for help, or just float and rest. This is why swimming with a “buddy system” is so critical.

If you are interested in being part of the USCG Forces, email me at [JoinUSCGAux@aol.com](mailto:JoinUSCGAux@aol.com) or go direct to the DISR Human Resources department, who are in charge of new members matters, at [d1south.org/StaffPages/DSO-HR.php](http://d1south.org/StaffPages/DSO-HR.php) and we will help you “get in this thing.” ■

*Captain Kevin Reed is the Captain of the Port and Sector Commander for U.S. Coast Guard Sector Long Island Sound. CAPT Reed is responsible for all active-duty, reservist and auxiliary Coast Guard personnel within the Sector. As a Commodore of the U.S. Coast Guard Auxiliary First District, Southern Region, Vin Pica works closely with CAPT Reed and his staff to promote boating safety in the waters between Connecticut, Long Island and 200 nautical miles offshore. Sector Long Island Sound Command Center can be reached 24 hours a day at 203-468-4401.*

Editor’s note: Weekly updates for the waters from Eastport, ME to Shrewsbury, NJ including discrepancies in Aids to Navigation, chart corrections and waterway projects are listed in the USCG Local Notice to Mariners. Log onto [navcen.uscg.gov](http://navcen.uscg.gov), scroll to “Current Operational/Safety Information,” click on “Local Notice to Mariners” then “LNMs by CG District,” and click on “First District.”



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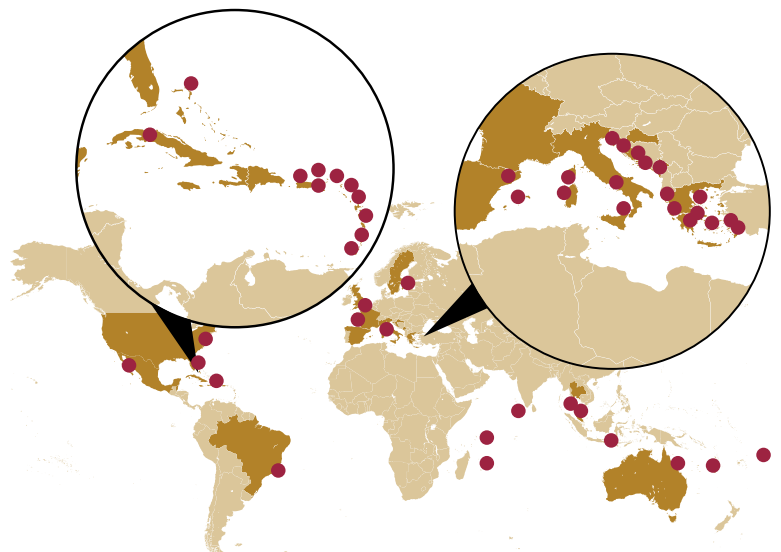
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# COOP'S CORNER



## Nurturing Sailors... One at a Time, if Necessary

By Joe Cooper & Colin Shearley

There are a number of disconnected and independent Kapers afoot around the waterfront, all aimed at getting young people, teenagers and college kids interested in, and more time on, 'big boats.' On Long Island Sound, MudRatz and the Young American Sailing Academy are the two most obvious. On Narragansett Bay, Newport, Conanicut and Ida Lewis Yacht Clubs have programs of various densities aimed at getting this cohort sailing time without the stress of dinghy sailing, and Sail Newport is developing a similar program. The Storm Trysail Foundation and their Junior Safety-at-Sea Seminars spread the word up and down the East Coast, and efforts are underway in the Great Lakes and West Coast to grow this program. In a number of clubs, there are individual members who will take young sailors out in ones and twos on an infrequent basis with no really planned and executed instruction nor really any captured, measurable results. Outside these efforts, all is desert.

Proposals presented to yacht clubs (incorporating boats available for no cost, just the care and feeding) and sent to US Sailing and talking the idea up yields not much progress. A while ago, I decided that if inspiring young sailors to look at big boat sailing was going to happen, it looked to be more or less one kid at a time. NOT the most effective way at all, but on the other hand, maybe quality is better than quantity. In the realm of quality, by far and away the most exciting AND excited young man I have come across, possibly ever, is the author of the second half of this month's Corner.

Colin Shearley of Centerville, MA is the young man who (at 10 years of age) completed the one-day Junior Safety-at-Sea Seminar in Newport last year, including coming up with some of the most thoughtful answers to questions that led directly back to issues of physics. Who was perfectly able to steer and had the mechanics of winch use down, lacking only the grunt to get too far with it. He was at the time maybe 80 pounds.

He was, to my eye, a prime candidate to fertilize, water and otherwise nurture. He was also one of the two young fellas I organized to sail on the VOR 70 *Warrior* (ex-*Camper*) a week or so later to watch the J-Class regatta. As is a part of my MO with such extraordinary opportunities for young sailors, I require participants to write an essay on their experiences, which Colin and Connor Macken, the other chap, did and which were published in *WindCheck* October 2017.

Sometime this spring, I was at Newport Yacht Club presenting a seminar on something and so I distributed the Coop Bat Signal email to the usual suspects. Colin's Dad, Richard, and I have become friendly since Colin's adventures last year and Richard responded asking if he could bring Colin and if he could ask questions. "You better bring him, and ask him to think of three questions in advance," I responded, so he had them ready to go. Done and Done.

Richard and I have corresponded since, on issues to do with young kids and sailing, which of course gets us to the Volvo Ocean Race stopover in Newport in May and the subject of Colin's essay, below. We had discussion on how to get Colin



*While he's keen to race big boats and perhaps one day have a job like Vestas 11th Hour Racing bowman Nick Dana (pictured here at the start of Leg 9 of the Volvo Ocean Race 2017-18), 11-year-old Colin Shearley hopes the sport takes steps to improve safety.*

© Stephen Cloutier/photogroup.us



over to the Race Village at the same time as I could be there, and I could see about getting him a tour of one of the boats. I had a regatta to run that weekend and so could not be in Newport, and he, suffering under the injustices of having to be at school, could not come during the week, so I/we could not do the tour, but as you will read, Colin managed to do just fine without me...a condition I think is pretty common with him.

One of the big, underlying fundamental issues behind why it's getting so hard to find young sailors is that, by and large, today's young sailors do not come from sailing families. Over the past nine years of coaching at Prout, I think perhaps half a dozen sailors – no more than ten – have come from sailing families. This, maybe four or five percent, from a pool of 200 to 220 young men and women over nearly a decade, does not really bode well. The good news is, by converting one sailor at a time, a number, maybe the same size, six to ten, have come in with no sailing background and gone out after four years with me, super in love with sailing and adding 'Sailing Team' to the list of requirements in the colleges they are looking at.

It is awfully slow, but very rewarding work.

## Let's Make Sailing Safer!

*By Colin Shearley, age 11*

After an incredible experience getting to sail on a Volvo Open 70 last year after meeting some amazing people during the Junior Safety-at-Sea Seminar, when I heard from my dad that the VOR was coming to Newport in May I got really excited and wanted to go.

So, on that Saturday I went with my dad down to Newport to watch the In Port racing and I LOVED IT! I got so many autographs from the skippers and on board reporters. It was a very long day because we were there two hours early since I didn't want to miss a thing. The Race Village was very big. The buildings all seemed to fold into shipping containers. The boats looked smaller than the 70s even though it's only a five-foot difference, but they were pretty nifty!!

The focus of this VOR is "Turn the Tide on Plastic." All the bags at the race were reusable, and there was no plastic except for some old bottles I saw floating around in the water!! Plastic is ruining the planet and it was good to see all the educational exhibits at the Race Village.

The race was pretty exciting and there was a lot of wind and rain! Team Brunel won by a lot, and I noticed that all the tacking seemed to slow down Vestas and Akzo Nobel. Scallywag and Turn the Tide tried to be sneaky and cut through the spectator fleet on the far side of the course but it FAILED! I was pretty sure that Turn the Tide was going to crash, but Dee Caffari and crew did an amazing job! I was sad to see them finish last, but Vestas came third which was not too shabby!!

I was thrilled to get to talk really quickly with Dee Caffari,

Charlie Enright, Xabi Fernandez, Nipper [Ben Piggott], Brian Carlin, and also David Witt. I met another crew member of Scallywag who had his family with him, and it made me really sad knowing they had lost John "Fish" Fisher. It was very difficult to know what to say with his family next to him without getting them upset as well. It made me think about safety, and how some of the things I had learned at the Safety-at-Sea Seminar didn't seem to show up in a lot of the racing I had seen.

Safety is by far one of the most important things to remember while racing offshore. Scallywag lost Fish in this race, and they were not able to retrieve him or even find him. Earlier in the race, Alex Gough fell off and was rescued about 15 minutes later, even though he was only wearing shorts.

Some sailors think that offshore racing is just the same as dinghy racing, and there aren't many places where kids get to learn to race on larger boats. If you fall off in the ocean and you're going about 15 knots (which is 25 feet a second or 1,500 feet a minute) and it takes them three minutes to get stopped and turned around, you would be almost 3/4 mile away. If the water temperature is 50°F, you only have about 10 minutes before you get too cold to move well. If you don't have a life jacket on, it's terrifying to think about.

So on any boat safety is very important, especially on a fast moving Volvo Ocean Racer. You should have a life jacket on at all times on deck so you will stay afloat if you fall off in cold water or you are unconscious in the water. There should be strict rules on wearing harnesses as well.

*"Safety is by far one of the most important things to remember while racing offshore."*

I've watched a few videos of young adults on large boats who aren't wearing life jackets, and even though the air may be scorching the water could be freezing and it doesn't take long to get into trouble. Imagine if you tripped and hit your head and then fell off?

My dad says that the number one rule about falling off a boat is to *not* fall off, but if you do you better have a life jacket on. Because I'm interested in racing on big boats sooner or later, it's going to be hard to get permission from my parents if safety doesn't improve. You can take all the classes in the world, but if you don't use the things you learned then all those classes...are useless. ■

*Australian born, Joe 'Coop' Cooper stayed in the U.S. after the 1980 America's Cup where he was the boat captain and sailed as Grinder/ Sewer-man on Australia. His whole career has focused on sailing, especially the short-handed aspects of it. He lives in Middletown, RI where he coaches, consults and writes on his blog, joecoopersailing.com, when not paying attention to his wife, college senior son, dog and several, mainly small, boats. The cats have, sadly, crossed The Bar.*

# SYC Lighthouse Regatta is August 4

By Diana Tyler

Shennecossett Yacht Club of Groton, CT will again be sponsoring their annual unique regatta on Saturday, August 4. The SYC Lighthouse Regatta is an Eastern Connecticut Sailing Association (ECSA) sanctioned race. With enough interest, the addition of a "fun" class on a separate course is planned, with PHRF numbers assigned by the race committee.

Weather permitting, the plan is to have yachts sent on a 15-mile race up and down Fishers Island Sound. This course encircles three lighthouses with views of several more, making for an exciting navigator's race. SYC will donate any profits to the New London Maritime Society's Lighthouse Fund. The society is a group dedicated to the education and preservation of local lighthouses. An illustrated brochure with information about all nine Fishers Island Sound lighthouses will be given to all entrants.

In addition to trophies for the top finishers in each class, the Bruce Lockwood Cup, a perpetual trophy, will be awarded to the top finisher in the sanctioned racing spinnaker class based on corrected time. The late Bruce Lockwood is known to many Long Island Sound sailors for his success on the racing circuit for decades in a series of boats, all named *Arrow*.



*George Bates' Ensign Bonanza approaches Latimer Reef Light in a recent SYC Lighthouse Regatta.*

Be sure to mark your calendars to join this unique regatta followed by a great party at the SYC clubhouse featuring Dark 'n Stormy drinks and a buffet dinner including seafood. Entries close Thursday, August 2. Interested sailors may contact Gene Fiese, Race Committee Chairman, at

fiese@sbcglobal.net. Race entry forms and information can be found in the ECSA yearbook. Information is also available at the SYC website, [syc-ct.com](http://syc-ct.com). Click on the "Yachting" tab to find the Lighthouse Regatta page. ■

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# 73rd Storm Trysail Club Block Island Race: *A Study in Contrasts*



By Ron Weiss

Eighty boats crossed the starting line in big breeze to begin the 73rd edition of the 186 nautical mile Storm Trysail Club Block Island Race. The good times lasted until most of the boats had rounded Block, but on the return leg conditions became increasingly variable. Massive holes appeared at seemingly random times and places; a veritable mine field that the fleet had to pick their way through carefully. The winners attributed their victories to skill, and the non-winners cursed their bad luck. Such is human nature.

With wind conditions ranging from 30+ knots to zilch (a technical term), the gods favored those who picked the right path, and those who paid the most attention to making adjustments that the constantly evolving conditions required. Highlighting this variability is the number of boats that retired from the race; some with damage from the high winds, others with their patience exhausted after seemingly endless hours of drifting in circles. After 186 miles, even the last mile presented challenges: Leads in several classes changed hands on the final approach to the finish as fickle winds and a strong ebbing tide frustrated many a crew.

The 90-mile leg from Stamford to “1BI” at the north end of

**PHRF Class 5 competitors Brian Spears’ J/120 Madison (Fairfield, CT) and Justin Bonar’s Jeanneau 53 YZY (Stamford, CT) on the way out to Block** Photo courtesy of Rick Bannerot, copyright 2018

Block Island was epic. The wind was a steady 20 knots or so, resulting in many boats flying down the Sound, setting “personal” speed records as the waves built, and providing the surfing/planing conditions that are the most exciting (at least in a good way!) conditions in the sport.

The easterly side of Block Island saw the most rugged conditions, with high winds complemented by impressive seas as the open ocean came up into the shallow waters around the island. Steve Benjamin, owner/skipper of the TP 52 *SPOOKIE* (Miami, FL; winner of the IRC Class 7) and veteran of countless Block Island Races, described the conditions: “We saw gusts close to 30, oh boy! BIG wind on the backside of Block, with warm gusts coming off the land. On the first leg, we were seeing boat speeds of over 20 knots.”

Larry Fox, navigator of Linda & Andrew Weiss’ Ker 43 *Christopher Dragon* (Mamaroneck, NY; winner of IRC Class 5 and perennial race entrant), pointed out the wide variety of conditions: “It was the fastest BI race I’ve ever done, and I’ve done around 30. It was a great ride overall. We even beat our most optimistic computer projections. As we were approaching

the Race exiting the Sound, we were doing 14 knots and we didn't have to worry about the foul current. We were seeing mid-20 knot gusts. But then, back in the Sound off of Norwalk, we had the exact opposite. We even had the anchor ready and almost put it down in no breeze and foul current. It was pull-your-hair-out stuff...with holes here and there, and breezes filling in front of us, and then behind us."

Experience definitely helped some of the winners, but many faces on the podium were fresh, and several winners were first-time entrants. The "freshest face" might be Lindsay Gimple, a watch captain on the Swan 48 *Dreamcatcher* (Stonington, CT; second in IRC Class 2). *Dreamcatcher* was recently donated by Steve Kylander (who won his class on this boat in the race last year) to MudRatz, a non-profit youth sailing team focused on providing unique racing experiences.



***The MudRatz Offshore Team, provisional Class winners in the Newport Bermuda Race as this issue went to press, sailed Dreamcatcher to second place in IRC Class 2.***

Photo courtesy of Rick Bannerot © 2018

Lindsay is a recent graduate of Cornell. Although she was on the dinghy team, this was not only her first Block Island Race, it was her first big boat race. "I had an overwhelmingly

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positive experience,” she said. “We had a lot of different conditions out there. It tested our knowledge of the boat and the ability of the crew to make adjustments. I was a dinghy sailor, and was always crew in junior sailing. A lot of that is body placement, but that’s not nearly as important on a boat like ours. You have to have your head out of the boat, looking at the sky, the water, and the competition, talking to the helmsman, trying to keep the boat going fast.” Asked how distance racing applies to her budding professional career as a mechanical engineer at Electric Boat, Gimple replied, “Learning about situational stress and handling people in those situations. Like work, you have deadlines, you have to navigate relationships and different perspectives and backgrounds and mesh all that together.”

Another Block Island Race “newbie” is Rory Cumming of Norwalk, CT. An experienced inshore racer, Cumming bought a Dehler 38 last year – which he named *Rascal* – as a performance cruiser. But the fact that it was the competition model drove him to try his hand at a different facet of the sport. “I learned a lot about organizing and managing a distance racing crew,” said Cumming. “We also pushed the boat hard and there were a few surprises. We stopped counting our wipeouts at 20! We realized that the rudder was just a suggestion, and the sails are what keep it on course. Distance racing gives you a lot of time to tweak and learn what makes your boat go fast.” Would he do it again? “I will absolutely do it again, but if you had asked me that at 3 o’clock Saturday morning when we were drifting around, I might’ve given you a different answer!” *Rascal* finished second in

PHRF Class 3, a great start for a first-timer.

Another winning skipper, Chris Lewis of the J/44 *Kenai* (Seabrook, TX; winner of IRC Class 3), has competed in the race twice before. After campaigning the boat on the Gulf Coast for almost 20 years, he decided that the waters of Long Island Sound offered new challenges. “The Gulf Coast is nice sailing but not really challenging for distance races,” he said. “They are mostly straight-line, with much less current and more predictable weather. The added complexity of the Block Island course and the wind – not to mention the rocks! – makes it more exciting. We’re still getting to know the Sound, so we need to go with our guts because we don’t have the experience and don’t know all of the ‘conventional wisdom,’ but we’ve learned when to put up which sail in different conditions. We were neck-and-neck with *Vamp* (another J/44 owned by Storm Trysail Commodore Lenny Sitar of Holmdel, NJ) for a long time, and just one sail selection choice gave us a mile lead. That made the difference.”

To paraphrase Charles Dickens, “It was the best of winds. It was the worst of winds...it was the gusts of adrenaline, and the holes of despair.” Had he been a modern sailor, Mr. Dickens would have found himself in very familiar waters in this year’s Block Island Race. The 73rd Block Island Race was sponsored by Landfall. Complete results can be found at [YachtScoring.com](http://YachtScoring.com). ■

*Ron Weiss is Chairman of the Storm Trysail Club’s Communications and Sponsorship Committee.*

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# Eärendil Wins The Atlantic Cup

By Julianna Barbieri

The French/Italian team #145 Eärendil (La Trinité-sur-Mer, Brittany), co-skipped by Catherine Pourre and Pietro Luciani, captured the 2018 Atlantic Cup, the United States' premier and

only dedicated Class40 sailing race.

Eärendil dominated the two offshore legs and held on to a narrow advantage as #128 Toothface II (Boston, MA), co-skipped by Mike Dreese and Tristan Mouligné, closed the gap with exceptional racing in the Inshore Series. The Portland, ME-based #127 Amhas, co-skipped by Micah Davis and Rob Windsor, placed third after a consistent performance throughout the two-week event.

Pourre, the first female skipper to win The Atlantic Cup, and co-skipper Pietro Luciani of Venice, Italy, used the impressive lead they built by besting the field during the first doublehanded offshore leg (648 nautical miles from Charleston, SC to Jersey City, NJ) and the second doublehanded leg (360 nm from Jersey City to Portland, ME).

During the fully crewed Inshore Series



Catherine Pourre and Pietro Luciani sailed Eärendil to victory in the 2018 Atlantic Cup. © Billy Black

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**Toothface 2 co-skippers Mike Dreese and Tristan Mouligné finished a single point behind the winners.** © Billy Black

in Portland, *Toothface 2* put the pressure on *Eärendil* by winning two out of the five races and placing second twice. *Eärendil* hung on by just one point, beating *Toothface 2* 77 to 76 on total points.

“We could have been better on the Inshore Series,” admitted Pourre, “but *Toothface 2* was really great on the inshore series, and also *Dragon* [Mystic, CT; co-skipped by Mike Hennessy, Merf Owen and Ashley Perrin] and *Amhas* and the others, so we have been facing people we love. We like them because we got to know them in the previous edition and it has been great sailing all the two weeks, so it’s really nice. I am happy to be the winner of course.”

Luciani added, “We did what we had to do in the offshore, but we were facing a super-strong boat – actually a lot of strong boats – but especially *Toothface 2*, and we were able to keep our lead, just because of our crew. So thank you to them. I want to thank everyone, this is competitive and friendly and that’s the best combination.”

*Toothface 2* made a late charge during the Inshore Series to secure second place and just nearly missed out on an extraordinary comeback victory. “We had a great, great inshore crew, and really picked up the pace,” said Mike Dreese. “The challenge of the race, where every boat was challenged, the inshore was challenging from every angle. *Eärendil* gets huge props for a comeback when they were OCS, we are so proud to be among the podium winners. The organization of this event and the level of competition, having the boats come from so far away to compete...this without a doubt, is the greatest race I’ve ever participated in. Props to everyone involved and all the competitors!”

“It was a great event,” Mouligné added. “We had a goal of being on the podium and of winning the Inshore Series. We accomplished those two and couldn’t be happier. It was a great team that was on the podium with *Amhas* and *Eärendil* and [I’m] just super proud and excited.”

The Atlantic Cup, the longest offshore sailing race in the Western Atlantic and the most environmentally sustainable sailing race in the U.S., featured an international field of eleven teams representing nine different countries: the USA, Angola, Brazil, France, UK, Sweden, Italy, South Africa and Canada. Sponsors of the 2018 edition include 11th Hour Racing, Angola Cables, Bainbridge International, United

Airlines MileagePlus Exclusives, North Sails, and Sea Bags. For more information, visit [AtlanticCup.org](http://AtlanticCup.org). ■

#### Final Results

1.	Eärendil	France	77 points
2.	Toothface 2	USA	76
3.	Amhas II	USA	72
4.	Dragon	USA	62
5.	Angola Cables	Angola	57
6.	Oakcliff Racing	USA	43
7.	Privateer	USA	40
8.	Talanta	Sweden	37
9.	Power of One	South Africa	33
10.	Esprit Scout	France	23
11.	First Light	USA	16

*Julianne Barbieri is the Co-Founder of Manuka Sports Event Management in Newport, RI, the creators and organizers of The Atlantic Cup.*



**These young ladies got a tour of Toothface 2 during The Atlantic Cup Charleston Kids Day.** © Billy Black

# CPYC Hosts Largest-ever OneDesign Regatta

By William Adler

Cedar Point Yacht Club in Westport, CT hosted its largest-ever OneDesign Regatta the weekend of June 1 - 3, with a record 106 boats and 560 sailors competing in eight classes, including four that raced for national or regional championships.

Fickle breezes and constantly changing seas created challenges on Saturday, as sailors worked through periods of dead calm followed by a thunderstorm that roared across Long Island Sound from the north. On Sunday, brisk winds across the circle courses southeast of Compo Beach made for more favorable condi-

tions, and more races were completed.

Nine boats contested the J/30 North American Championship, with Russ Atkinson's *Wildcat* (Rockwood, MI) winning three of among eight races to claim the title. David Rosow's *Loki*

***Five hundred and sixty sailors on a record 106 boats contested the 2018 CPYC OneDesign Regatta.*** © Stephen Cloutier/photogroup.us



(Southport, CT) crushed the competition in the 18-boat J/109 class, winning all six races and winning the East Coast Championship for a second consecutive year. In the hotly contested, 18-boat J/70 class, Brian Keane's *Savasana* (Weston, MA) won a tiebreaker over Joel Ronning's *Catapult* (Excelsior, MN) to claim the Long Island Sound Championship title.

*Pepper*, skippered by David Dellenbaugh of Easton, CT with daughters Becca Del-

***From left to right are the Atlantics of Scott Reichhelm (second place finisher), Rodrigo Meireles (first) and Jim Doyle (third).***

© Stephen Cloutier/photogroup.us



lenbaugh and Emily Dellenbaugh handling bow and floater duties, respectively, won the single race completed by the 34-boat Thistle class (largest in the regatta) to win the Long Island Sound/New Jersey Championship Series.

CPYC is hosting the Thistle National Championships July 28 - August 3. The Thistle Class last held its National Championship at CPYC in 2009, when Dellenbaugh was crowned National Champion for the seventh time.

Joseph Scarpulla's *Trifecta* (Huntington, NY) posted a 2-1-2-1-2 scoreline to win in the 8-boat J/105 class, while Mike Bruno's *Wings* (Armonk, NY) notched three bullets on her way to victory in the 5-boat J/88 class. Peter Hurley's *Blazn' Star* (West Harrison, NY) also won three races on her way to victory in the 6-boat Beneteau First 36.7 class.

CPYC has had a powerhouse fleet of Atlantics since the 1950s, and the venerable class provides some of the tightest racing in the OneDesign Regatta. This year, Rodrigo Meireles' *Élan* (Norwalk, CT) defeated perennial CPYC Atlantic favorite Scott Reichhelm's *Shucks* (Westport, CT) by a single point. Jim Doyle's *Rival* (Easton, CT) finished third.

CPYC encourages amateur sailors and gives a special Corinthian Team honor to those who race non-professionally. Six of the J/70 teams qualified as Corinthian, and the winners were Melissa & Andrew Fisher of Greenwich, whose *Button Fly* finished fourth overall in class. Brian Elliott's *b squared* (Bayport, NY) took second in the Corinthian division (7th overall), with CPYC member Trevor Roach's *Semi Charmed* (Darien, CT) finishing third in Corinthian and 10th overall. Complete results are posted at YachtScoring.com.

"We were delighted to host so many sailors from all over the United States for this weekend of friendly yet fierce competition," said John Cooke, CPYC OneDesign Regatta Chairman. "Our 100 club volunteers worked tirelessly to prepare for this event, and it was gratifying to see it all come together, and with four championships awarded."

The CPYC OneDesign Regatta is the largest event of its kind on Long Island Sound. The 2018 edition was presented by title sponsor North Sails with additional sponsorship from Fairfield County Bank, Stew Leonard's, Coral Reef Sailing Apparel, BRYAC Restaurant & Raw Bar, Rex Marine, Sailors for the Sea, Save the Sound, David Adam Realty, BMW of Bridgeport, and



**Competitors were treated to a classic late spring Long Island Sound thunderstorm.** © Stephen Cloutier/photogroup.us

Savannah Bee Company. Cedar Point Yacht Club was organized in 1887 by Fairfield County sportsmen. To learn more about this friendly, racing-oriented club, visit [cedarpointyc.org](http://cedarpointyc.org). ■

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# UP TO SPEED & SMARTS *with Dells*



## Pre-Start Warm-Ups

By David Dellenbaugh

If you want to be at your optimum performance when the starting signal goes off, you need to warm up beforehand so you are ready, both physically and mentally. Here are some things you can do to prepare for any race:

**Stretch your body** – Most people underestimate the physical requirements of sailboat racing. Almost any boat can be tiring, whether you are hiking or trimming in heavy air or crouching to leeward in a drifter. So make sure you stretch all your appropriate muscles before you get started. This will prevent injury and help you function more efficiently.

**Drink water** – The human body needs a lot of fluids, especially when you are exercising in hot, sunny conditions like you find in many races. So drink a lot of water before you start the race (and keep drinking during it).

**Practice boathandling** – One good idea for your crew is to practice common maneuvers like tacks and jibes. This will not only get you warmed up, but it will help you remember and fine-tune your boathandling technique.

**Sail the leeward leg angles** – If you know the angle of the downwind legs early enough, try sailing these before the race. Set your spinnaker and get used to the wind and wave angles. Is it easy to hold your chute? Which jibe are you on? Can you surf on the waves? These things are good to know before the race, plus this practice will help your helmsperson and chute trimmers get in sync.

**Hold a crew meeting** – This mental warm-up is always a good idea because it helps get every crewmember's mind focused on the race. Do this on the way out to the course and you can review your pre-start plan as well. Don't forget to go over the sailing instructions so everyone knows what's going on.

**Get ready mentally** – When you stretch your muscles, don't forget to prepare your mind, too. Some people need quiet time; others visualize success and most benefit from some kind of inspiration. Encourage your crewmembers to do whatever they need to be totally ready and psyched up.

**Check for possible breakdowns** – This is a good exercise

that can help avoid disasters and build confidence. You should actually do this before leaving the dock, but it's a good idea any time before the start.

**Sail around the course area** – It's always good to have a goal during practice and, if you have enough time, one of your pre-start goals might be to sail around the entire course area (and round the marks if they are set). This will allow you to experience the wind and current on both sides of the course, which will be a big help in planning your strategy. By sailing a fair distance upwind and downwind, it will also be a good warm-up.

*This article originally appeared in David Dellenbaugh's Speed & Smarts, The newsletter of how-to tips for racing sailors. If you want to sail faster and smarter, log onto SpeedandSmarts.com.*

*A resident of Easton, CT, Dellenbaugh was tactician and starting helmsman for America3's successful defense of the America's Cup in 1992. He's a Lightning World Champion, two-time Congressional Cup winner, seven-time Thistle National Champion, two-time winner of the Canada's Cup, three-time Prince of Wales U.S. Match Racing Champion, and a winner of the U.S. Team Racing Championships for the Hinman Trophy. ■*



*It's always a smart idea to give your hiking straps a good testing before the start. This will ensure that the straps are secure and adjusted correctly. It also lets you practice hiking technique and stretch out the muscles you will use. Besides, you have to hike hard for at least a little while to get an accurate idea of your boatspeed.*

© Stephen Cloutier/photogroup.us



# Area Yacht Clubs Sponsor the 2018 Buzzards Bay Trophy

*Jim Masiero's J/122 Ursus Maritimus (Beverly Yacht Club) chases Matt Schmitt's J/105 Hardtack (Buzzards Yacht Club) in the Beverly YC-sponsored Hurricane Cup. © Paul Hyde*



*By Ed Sargent*

The Buzzards Bay Trophy was established in 2017 to increase and sustain PHRF yacht racing on Buzzards Bay. Five clubs in Massachusetts, Beverly Yacht Club in Marion, Buzzards Yacht Club in Pocasset, Mattapoisett Yacht Club in Mattapoisett, New Bedford Yacht Club in South Dartmouth, and Quissett Yacht Club in Falmouth, came together to collectively award the Buzzards Bay Trophy to the Racing and Cruising Class yachts with the best combined score in four of six races:

- Mattapoisett Yacht Club Spring Round-the-Bay Race, June 9
- New Bedford Yacht Club Whaler's Race, June 23
- Beverly Yacht Club Parker Converse Tower Race, July 14
- Buzzards Yacht Club PHRF Race, August 18
- Quissett Yacht Club Round-the-Bay Race, September 8
- Beverly Yacht Club Hurricane Cup, September 22

These are medium to long distance races from approximately 25 miles within Buzzards Bay to the 50- and 100-mile Whaler's Race. A yacht must participate in at least four of the six races to be eligible for the Buzzards Bay Trophy, and must have a valid PHRF certificate for each race in which she participates. Each boat's race score shall be her finish position score divided by the number of boats starting in her division. Each boat's series score shall be the total of her four lowest race scores. The perpetual trophy shall be engraved with the name of winning yacht, the skipper and the yacht club from which the yacht hails, if applicable. Individual "keeper" trophies will also be presented to the winners.

Last year, Buzzards Bay Trophy events had an aggregate of over 60 yachts participating. Thirteen yachts completed the minimum of four races. The 2017 winners were Ryan Walsh's KP36 *Next* from New Bedford Yacht Club and Allan Eddy's Pearson

36-2 *Kinsale* from Plymouth Yacht Club. For more information and to register for 2018 events, visit the host club's website.

*Ed Sargent is Commodore of Mattapoisett Yacht Club. ■*

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# Prepare to Win

## The Season Begins

By Peter J. Coleman

Now the season has begun, and it's time to put the seven tips we discussed last month into practice. Let's look at a few important ways to implement those in mid-season competition. The goal is to improve all summer long and if you do, the fun factor will be very high! But, be warned, missteps and thus lack of reward and the lack of the ability to improve can be caused by not following some simple steps.

### 1. Let short term goals lead to long term success.

As we discussed last month, clearly defined, written weekly/monthly goals are key. What you set, is what you get. Hopefully you have set those by now but if not, one fun way is to have a team breakfast at a local diner. Team beers are OK too, but do it at a place that is reasonably quiet and everyone can sit at the table...diners typically serve beer too!

Go over the season schedule again, and plan who will be doing what and suggestions other team members have. Regular meetings (weekly, monthly?) allow the team to contribute and fully understand what to expect throughout the season and entering different regattas. As you have probably read or heard how preparing for an America's Cup campaign or an Olympic campaign, time is not your friend. When FUN is your ultimate

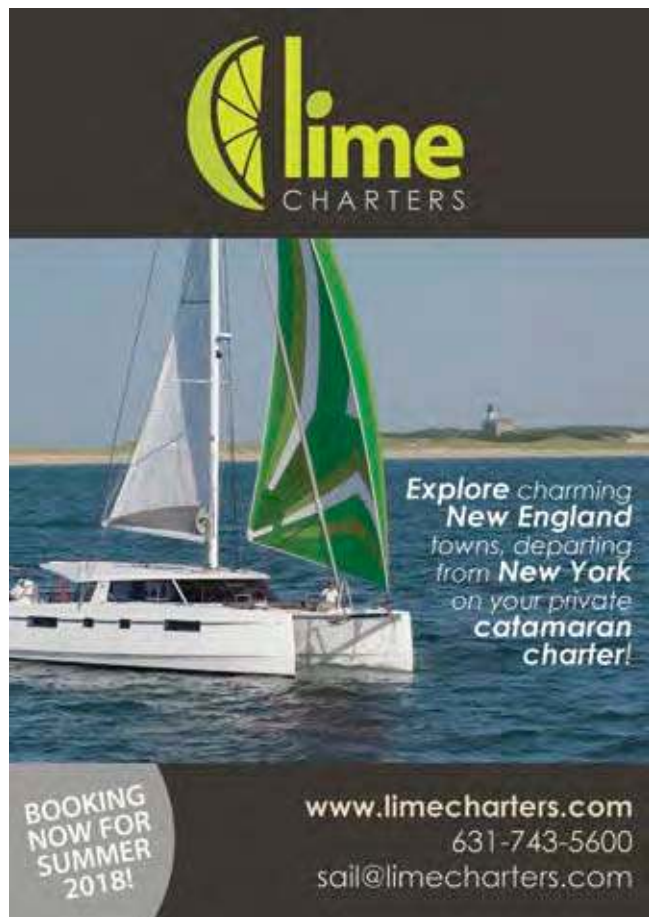
goal, it's just as more important to use time wisely. So, whatever time you have carved out for practice or racing, try to make time your friend, set realistic goals and use time wisely. When you do practice, go full-on, from the moment you leave the dock to cleaning up at the end of the day.

### 2. Sailing on Race Day

OK, you have gotten the team involved, you have had a few good practices, and you are well prepared (checklists complete!) for an event. You really want to do well to validate the effort and get off on the path towards improvement. But often, too much focus on "Let's go win!" will not deliver the results you want. Rather, you really do not want to let dumb mistakes hinder the measurement of where you are and where you need to get to. Thus, you will always be in the ballpark if you follow these three elements. Again, the goal is to eliminate the bad race experience caused by something easily avoidable.

a. Try to be the first boat off the dock. It is shocking how beneficial (and fun, despite the moaning from your perennial latecomers) this is. And don't forget that tip about warming up with another team.

b. On the racecourse itself, keep everything straightforward and simple (KISS). The basics, like keeping clean air, staying in contact with the fleet (no flyers!), and having the boat handling maneuvers well thought out in advance – and not beyond your team's capabilities – are all critical. For example, calling for a jibe set four boatlengths before the weather mark in 15 knots (a maneuver you may have practiced only once or twice, if at all)



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*Keeping everything simple and straightforward on the racecourse – and avoiding mistakes! – is fundamental to achieving good results.*

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would qualify as NOT KISS!!!

c. Keep the three-foot rule: It's early in the season for everyone! Do not let any boat get within three feet of your boat while racing. Sure, this may not make sense in a Vanguard 15, where you can use a one-foot rule, but three feet definitely makes sense in a J/105! This conservative approach reduces chances of contact or protest, which are simply a distraction to the bigger goal. You want to spend your de-brief time talking about positives, not about the bonehead who ruined that race.

So, you may be thinking that not one of these three rules

actually taught you anything about racing technique. We did not discuss how to start in light air vs. heavy air...we didn't talk about how to play a persistent shift versus an oscillating one, and we did not cover heel angle or steering with crew weight at all! That's because the goal here is to set you and your team up for learning and getting better, and thus better performance and more fun. Follow these steps, and the ability to get the answers you seek will be there first. You'll set yourself and your team up for a lifetime of improvement in racing sailboats. ■

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# Volvo Ocean Race Update

For the first time in the 45-year history of the Volvo Ocean Race, the three teams at the top of the leaderboard – MAPFRE, Team Brunel and Dongfeng Race Team – were tied on points after the penultimate leg of the 2017-18 edition. On June 15, Team Brunel won the 1,300-nautical mile Leg 10 from Cardiff, Wales to Gothenburg, Sweden, crossing the finish line less than two minute ahead of MAPFRE. “We did a fantastic job as a team, and of course the result was better than we could have dreamed,” said Brunel Skipper Bouwe Bekking.

Brunel has an amazing comeback, following a dismal first half of the race. At the conclusion of Leg 6 into Auckland, they were in sixth place with 20 points. In comparison, MAPFRE, the race leader at the time, had 39 points. Brunel’s been on fire since then, posting a 1-2-1-1 scoreline over the past four legs, to bully its way to equal first at the top of the leaderboard, after collecting 45 out of a possible 47 points, an incredible scoring ratio.

On June 21 (as this issue was going to press), Brunel, MAPFRE and Dongfeng started the 700-nautical mile Leg 11 from Gothenburg, Sweden to The Hague, Netherlands in a dead heat, with the overall title on the line. A 45,000 nautical mile race around the world that started in Alicante, Spain on October 22, the Volvo Ocean Race 2017-18 concludes with the In-Port Race in The Hague on June 30. To follow the action, log onto [volvooceanrace.com](http://volvooceanrace.com) ■



*After a remarkable comeback, Team Brunel were in a three-way tie for the lead in the Volvo Ocean race 2017-18 as this issue went to press.*

© Ainhua Sanchez/Volvo Ocean Race

## Overall Standings (after 10 of 11 legs)

1. Team Brunel	65 points
1. MAPFRE	65
3. Dongfeng Race Team	64*
4. team AkzoNobel	53
5. Vestas 11th Hour Racing	38
6. Team Sun Hung Kai/Scallywag	30
7. Turn the Tide on Plastic	29

\* One additional point will be awarded to the team with the best elapsed time at the conclusion of the race in The Hague. At press time, Dongfeng was poised to win this point.



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## Francis Racioppi

Proudly serving our country in the United States Army for 13 years, Captain Francis J Racioppi, Jr. was a Ranger-qualified Infantry Officer and a Green Beret in the Army Special Forces. Fran deployed to Iraq three times in support of Operation Iraqi Freedom and Operation New Dawn, first as an Infantry Platoon Leader and twice as a mountaineering Special Forces Detachment Commander. He coordinated Special Operations to combat Al-Shahab throughout East Africa in support of Operation Enduring Freedom, planned and coordinated the Special Forces response to Boko Haram in West Africa, and oversaw the operations of the Special Forces teams countering the Lord's Resistance Army in Central Africa and ISIS in North Africa. Another mission, however, as Race Director with SailAhead, might be Fran's most important yet.

"I grew up in Rhode Island and started sailing from birth," says Fran. "My father and grandfather were avid sailors. Shortly after I was born, my father bought a 37-foot Endeavor. My earliest memories of sailing were on that boat with a teak deck. My father was my sailing mentor, and he taught me how to sail. He imparted the importance of maintenance and taking care of your equipment, as without this discipline you will never leave the dock! I attended sailing classes every summer at East Greenwich Yacht Club in East Greenwich, Rhode Island, where my family were members. I raced Sunfish, 420s and JY15s in the youth circuit, and J/Boats on Wednesday nights."

Founded by brothers Kilian and Sean Duclay of Huntington Station, NY, SailAhead uses sailing and the ocean as a therapeutic platform to help heal U.S. Armed Forces veterans who are suffering from post-traumatic stress disorder and combat injuries (see page 16). SailAhead organizes and runs a growing number of annual events, all with a focus on getting veterans out on the water.

"I learned about SailAhead through the New York University Veterans Association while I was attending business school," says, Fran an honors graduate of Boston University who earned a BA in Journalism and a Top Student Athlete award as a member of the Varsity Men's Crew. He received his MBA from NYU's Leonard N. Stern School of Business. "I was inspired to join the mission, as SailAhead provides an opportunity to give back to the veterans community while also pursuing my love of sailing."

"The SailAhead Race Team is a small group of veterans and SailAhead teammates who sail competitively in races around Long Island Sound and beyond," Fran explains. "The role of Race Director is to coordinate the administration and training of the team, as well as the participation in races. I also served as the primary skipper for our races."

"Our primary boat is *Hoonigan*, a J/105 graciously given to us by Mr. Hunt Lawrence. We participated in five major races last season, including Larchmont Yacht Club's Edlu Race, Storm Triesail Club's Block Island Race, Sea Cliff Yacht Club's Around



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Long Island Regatta, Ida Lewis Yacht Club's Ida Lewis Distance Race, and Stamford Yacht Club's Vineyard Race. Long Island Sound racing and competition is some of the best in the

world. We are a growing team with various degrees of expertise and capability, and we are also getting to know our boat more and more each race. We measure success by getting veterans out on the water, and to that effect we have been wildly successful. In time, the trophies will come."

With an increasingly demanding career, Fran is presently on a leave of absence from SailAhead. The Director of Global Security at Snap Inc., he's also a keynote speaker, leadership development coach and the owner of a company called FRsix through which he shares lessons learned in the Special Forces about the importance of preparation in everything one sets out to do. He is nevertheless looking forward to leading the SailAhead Race Team in one of the world's greatest ocean races. "The Newport Bermuda Race is a crown jewel event for sailing teams," he says. "It is a goal three to five years down to the road for us."

"Kilian and Sean are two of the most charismatic, dedicated, and thoughtful young leaders I have ever met!" Fran enthuses. "Their vision to build a sustaining organization is key to the future of SailAhead. They are respected by veterans both young and old, as well as the entire veterans community. They have built a fantastic organization at such a young age, and it will be years before they truly understand the impact they have had on the community."

"One of the biggest unknown challenges a veteran faces when departing service is a sense of team. In the military, everything a service member does is team-based. Upon transition, few veterans have that level of camaraderie in their life. Additionally, the military imparts a sense of competitive spirit and working towards a goal; something that is also lost on many transitioned veterans. The SailAhead Race Team provides an opportunity to become part of a team, train for a goal, and instill once again competition. The most gratifying part of working with SailAhead is building a team of individuals dedicated to a success greater than themselves."

SailAhead is a non-profit organization that needs help to continue its mission. "SailAhead survives on the dedication and generosity of donors," says Fran. "Any support is graciously accepted and welcomed."

"The best thing about sailing is conquering the elements and your opponents," says Fran. "It takes skill, drive, dedication and tenacity to be successful on the water, and sailing is one of the few events in life in which all your worries and fears are left on shore, allowing you to focus on sailing fast!" ■



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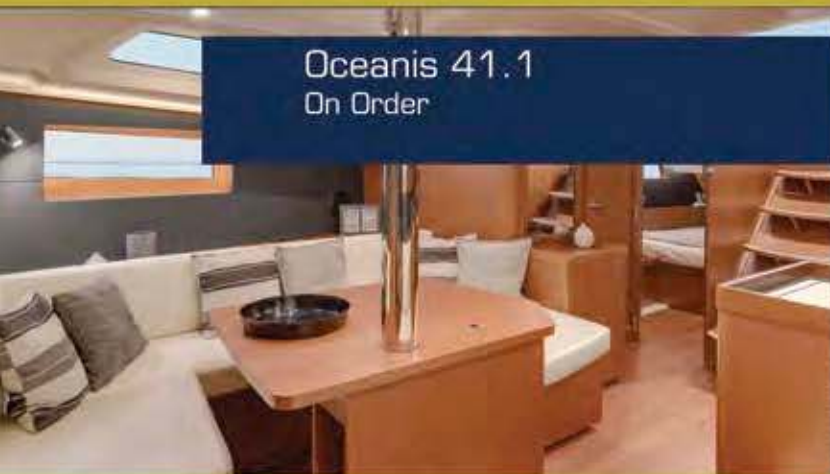
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